

Bethany at Silver Lake



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/29/2025	6/30/2025	7/1/2025	7/2/2025	7/3/2025	7/4/2025	7/5/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice
Oatmeal	Cream Of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat	Oatmeal
Cheese Omelet	Bacon And Eggs	Blueberry Pancake	Veggie Scrambled	Strawberry Waffle	Ham, Egg, Potato	Cheese Omelet
Hashbrowns	Toast	Sausage		Scrambled Egg	Breakfast Skillet	Toast
Fresh Fruit	Fresh Fruit	Fresh Fruit	Raisin Toast		Fresh Fruit	Fresh Fruit
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham	Baked White Fish	Hammy	Meat Loaf	Orange Chicken	Cheese Burger	BBQ Chicken
Augratin Potato	Spanish Rice	Mac and Cheese	Cheese Mashed Potato	Rice	Frys	Potato Salad
Green Beans	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Stir Fried Vegetable	Relish Plate	Green Beans
					Strawberry Blueberry	
Swirl Sake	Fruited Jello	Ice Cream	Pumpkin Pie	Cookie	Short Cake	Watermelon
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Deli Turkeh and Cheese	Street Tacos	Roast Beef / Cheese	Peanutbutter &	Egg Salad Sandwich	Chicken Salad Croissant	Tuna Melt
Sandwich	Marinated Cole Slaw	Sandwich	Jelly Sandwich	Relish Plate	Broccoli Cheese Soup	Marinated Tomatoes
Relish Plate	Spanish Rice	Chips	Prretzals	Cookie		Chips
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Country Fried Steak	Lemon Herbed Chicken	Chef Salad	Baked Chicken Legs	Salisbury Steak	Broccoil Beef Stir Fry	Stuffed Pasta Shells
Mashed Potato	Mashed Potato	Ranch Dressing	Baked Beans	Mashed Potato	Rice	Red Sauce
Seasonal Vegetables	Beets	Roll	Coleslaw	Green Beans	Egg Rol	Italian Vegetables
Ice Cream	Rhurbarb Crisp	Frosted cake	Cookies	Ambrosia	Ice Cream	Frosted cake
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Grilled Ham and Cheese	Bacon Cheese Quiche	Old School Hot Dog	BBQ Pork on Bun	Seafood Salad	Chicken Burger	Fishwich
Sandwiches	Fresh Fruit	Pasta Salad	Coileslaw	Roll	Relish Plate	Tartar
Tomato Soup	Rhurbarb Crisp	Frosted cake	Cookie	Ambrosia	Chips	JoJos

Spring Summer 2025 Chef Greg McCammond CFPM