



# Bethany at Silver Crest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/27/2025	7/28/2025	7/29/2025	7/30/2025	7/31/2025	8/1/2025	8/2/2025
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Cream of wheat French Toast Bake Sausage Links Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Bacon & Onion Quiche Blueberry Muffin Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Breakfast Sandwich Sausage,Egg, Cheese on Biscuit/Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheesy Eggs Maple Bar Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Biscuits & Gravy Fried Egg Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Pancakes Sausage Links Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Sausage Breakfast Casserole Fruit Milk/Coffee/Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Diced Ham & Scalloped Potato Casserole Blend Vegetable  Brownie Milk/Coffee/Tea	<b>Taco Bake</b> (Ground Beef, Beans Tomato,sour cream,olives) <b>Fritoos, Green Beans</b> Rice Krispie Treat Milk/Coffee/Tea	Grilled Cheese Sandwich Tomato Soup  Fruit Crisp Milk/Coffee/Tea	Meatloaf w/Gravy Baked Potato w/sour cream Buttered Peas  Strawberry Rhubarb Pie Milk/Coffee/Tea	Homemade Beef Lasagna Green Beans Garlic Toast Watermelon Milk/Coffee/Tea	Cheese Burger on Bun French Fries Lettuce/Tomato Lemon Cake Milk/Coffee/Tea	Fish & Chips Coleslaw  Lemon Meringue Pie Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Tuna Melt Marinated Tomatoes	Chickpea Salad Dinner Roll	Chicken Salad Sandwich w/apple Green Salad	Crab Cake Baked Potato Buttered Peas	Cheesy Bow Tie Pasta Green Beans	Cottage Cheese w/Fruit Roll	Turkey & Cheese Sandwich Green Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Beef Pot Roast w/Gravy w/ Potato,Carrot,Celery  Cherry Tart Milk/Coffee/Tea	Fried Chicken Leg Mashed Potatoes w/Gravy Green Beans Frosted Cake Milk/Coffee/Tea	Beef Enchilada Casserole Spanish Rice Chuckwagon Corn  Churros Milk/Coffee/Tea	<b>Breakfast for Dinner!</b> Blueberry Pancakes Sausage Links  Vanilla Ice Cream Milk/Coffee/Tea	Pork Stir Fry w/yakisoba noodles Spring Rolls  Cookie Milk/Coffee/Tea	Chicken Cutlet Mashed Potatoes w/Gravy Buttered Corn Jello Milk/Coffee/Tea	Chicken Fajita Casserole Bread Stick  Ice Cream Bar Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Cottage Cheese & Fruit Plate Dinner Roll	French Dip on Bun Green Beans French Onion Soup	Mac & Cheese chuckwagon corn	Egg Salad on Croissant 3 Bean Salad	BBQ Pulled Chicken on Bun Cucumber Slices	Roast Beef & Cheese Sandwich Soup	Rotini Pasta Salad w/Veg. Hard Salami Black Olives/Dinner Roll

Spring/Summer 2025  
Shanna Brandt Dietary Manager

Week 1

\*\*\*MENU IS SUBJECT TO CHANGE\*\*