



# Bethany at Silver Crest



<b>Sunday</b> <b>9/14/2025</b>	<b>Monday</b> <b>9/15/2025</b>	<b>Tuesday</b> <b>9/16/2025</b>	<b>Wednesday</b> <b>9/17/2025</b>	<b>Thursday</b> <b>9/18/2025</b>	<b>Friday</b> <b>9/19/2025</b>	<b>Saturday</b> <b>9/20/2025</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Cream of wheat Vegetable Scramble Cinnamon Roll  Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Fruit & Yogurt Parfait Biscuit  Milk/Coffee/Tea	Juice of choice Cream of wheat French Toast Canadian Bacon  Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Blueberry Cream Cheese Quesadilla Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Ham & Swiss Scramble Danish  Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Burrito Triangle Hashbrown  Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Denver Scramble Hashbrowns  Fresh Fruit Milk/Coffee/Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Creamy Mac & Cheese w/Bacon Green Beans  Jello Delight Milk/Coffee/Tea	Dijon Pork Loin Cheesy Bow Tie Pasta Diced Beets  Cheesecake Milk/Coffee/Tea	Chicken Noodle Casserole Buttered Peas  Apple Turnover Milk/Coffee/Tea	Anita's Homemade Spaghetti w/Meat Sauce Italian Vegetable Garlic Toast Oatmeal Jammy Bar Milk/Coffee/Tea	Alfredo Chicken & Bacon Pizza Green Salad  Watermelon Cubes Milk/Coffee/Tea	Chef Shanna's Cowboy Meatloaf & Potato Pie Blend Vegetable  Pecan Pie Milk/Coffee/Tea	Chicken Cutlet on Bun w/ Lettuce,Tomato Pickles BBQ Chips Brownie Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Turkey & Cheese Sandwich Green Salad	Asian Chicken Salad Dinner Roll	Cabbage Rolls Buttered Peas	Grilled Cheese Sand. Italian Vegetable	Chickpea Salad w/cucumber,tomato,feta Roll	Cottage Cheese & Fruit Plate Roll	Open Face Tuna Melt 3 Bean Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Salmon Fillet w/Hollandaise Sauce Rice Pilaf Mixed Vegetable Frosted Cake Milk/Coffee/Tea	<b>Breakfast for Dinner!</b> Henry's Blueberry Pancakes w/Syrup Bacon Ice Cream w/Sauce Milk/Coffee/Tea	<b>Loaded Baked Potato</b> w/Sour Cream,Bacon Cheese, Chives Steamed Broccoli Cookie Milk/Coffee/Tea	Chicken Tendars French Fries Coleslaw  Boston Cream Pie Milk/Coffee/Tea	Mango Chicken Legs Mashed Potatoes w/Gravy Chuckwagon Corn Cookie Milk/Coffee/Tea	Unstuffed Bell Pepper Casserole Garlic Bread  Ice Cream Cup Milk/Coffee/Tea	Hot dog on Bun w/Sauerkraut Baked Beans  Strawberry Cake Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
French Bread Pizza Green Salad	Egg Salad Sandwich Marinated Tomatoes	Roast Beef & Cheese on Hoagie Soup	French Dip Sliders Green Beans	Vegetable Lasagna Chuckwagon Corn	Ham & Swiss Sandwich On Rye Soup	Rotini Pasta Salad w/Veg. Hard Salami Cheese & Olives/Roll

Spring/Summer 2025  
Shanna Brandt Dietary Manager

Week 3

**\*\*\*MENU IS SUBJECT TO CHANGE\*\***