



Bethany at Silver Lake



Sunday 9/14/2025	Monday 9/15/2025	Tuesday 9/16/2025	Wednesday 9/17/2025	Thursday 9/18/2025	Friday 9/19/2022	Saturday 9/20/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Biscuits and Gravy Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Bacon and Scramble Hashbrowns Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Sausage Egg and Cheese Breakfast Sanwich Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Pancakes Links Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Breakfast Burrito Potato Obrien Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice French Toast Bake Canadian Bacon Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Veggie Scramble Danish Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cordon Bleu Mashed Potato Green Beans Peach Cobbler Milk/Coffee/Tea	Beef Fajita Sauted Peppers & Onions Spanish Rice Ice Cream Milk/Coffee/Tea	Chicken Dijon Parsley Rice Mixed Vegetables Pineapple Upsidedown Milk/Coffee/Tea	French Dip AuJus Frys Coleslaw Asst. Desert Milk/Coffee/Tea	Country Fried Steak Vegetables Normandy Baby Bakers Orange Shebert Milk/Coffee/Tea	Fish and Chips coleslaw Tartar Fruit Parfait Milk/Coffee/Tea	BBQ Cheese Burger JoJos Relish Plate Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cottage Cheese Fruit Roll	Tuna melt Chips	Bratwurst on a bun Saurekraut Potato Salad	BBQ Pork On a Bun Coleslaw	Chicken Tenders Honey mustard Baby Bakers	Roast Beef & Cheese Sandwich Green Salad	Chicken Burger JoJos Cookie
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Breaded Pork Patty Rice Pilaf Cauliflower Cookie Milk/Coffee/Tea	Chicke Mushroom Alfredo Pasta Italian Vegetables Orange Jello w/mandarin Milk/Coffee/Tea	Spaghetti w/meat sauce Steamed Broccoli Garlic Bread Choc chip cookie Milk/Coffee/Tea	Salisbury Steak Garlic Mashed Roasted Zucchini Banana Cake Milk/Coffee/Tea	Sweet and Sour Meatball Parsley Rice Mixed Vegetable Coconut Pie Milk/Coffee/Tea	Corndogs 3 Bean salad Strawberry Short cake Milk/Coffee/Tea	Cheese Enchilada Rice Chuckwagon Corn Ice Cream Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chicken Salad Sandwich Chips	Chicken Caesar Salad Garlic Bread	Vegetable Quiche 3 bean salad Roll	Baked Whitefish Garlic Mashed Zucchini	Cottage Cheese & Fruit Plate Roll	Turkey and Cheese Sandwich Chips	Chef Salad Ranch dressing Ice Cream