

# Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10/12/2025	10/13/2025	10/14/2025	10/15/2025	10/16/2025	10/17/2025	10/18/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of Wheat Bagel w/Cream Cheese Egg Patty Fruit Milk/Coffee/Tea	Juice of choice Oatmeal <b>Pancakes</b> <b>Bacon Strips</b> Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Vegetable Scramble Raisin Toast Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Eggs Benedict Oven Potatoes Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat <b>Biscuit &amp; Gravy</b> <b>Egg Patty</b> Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Bacon, Onion, Swiss <b>Quiche/Danish</b> Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Breakfast Sandwich <small>Biscuit,Egg,Sausage Patty &amp; Cheese</small> Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Roasted Turkey Mashed Sweet Potatoes Buttered Corn  Asst. Desserts Milk/Coffee/Tea	Honey Mustard Chicken Red Potato Chunks Mixed Vegetable  Rice Pudding Milk/Coffee/Tea	Tomato Soup Grilled Ham & Cheese Sandwich  <small>Pineapple Upside Down Cake</small> Milk/Coffee/Tea	Chicken Noodle Casserole Peas & Carrots  <small>Blonde Coconut Brownie</small> Milk/Coffee/Tea	Sweet & Sour Chicken Steamed Rice Broccoli  Peach Cobbler Milk/Coffee/Tea	Beef Stir Fry w/Yakisoba Noodles Spring Roll  Oreo Cheesecake Cup Milk/Coffee/Tea	Baked Spaghetti Italian Vegetable Garlic Toast  Banana Cream Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Grilled Cheese Sandwich Green Salad	Creamy Mac & Cheese Mixed Vegetable	Turkey Cranberry Cream Cheese Roll Up Green Salad	Egg Salad On Croissant Pickled Beet Salad	Cottage Cheese & Fruit Plate Roll	Bean Burrito Baby Carrots	Tuna Salad on Croissant 3 Bean Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salisbury Steak w/Mushroom Gravy Mashed Potatoes Buttered Peas Frosted Cake Milk/Coffee/Tea	<b>Pork Stew</b> <b>Corn Muffin</b>  Cherry Lattice Pie Milk/Coffee/Tea	Fettuccine Alfredo w/ Chicken & Bacon Broccoli  Cookie Milk/Coffee/Tea	Beef Enchilada Spanish Rice Chuckwagon Corn  Churro Milk/Coffee/Tea	Mango Chicken Legs Mashed Potatoes w/ gravy Diced Beets Vanilla Pudding Milk/Coffee/Tea	Cheesy Ground Beef & Rice Casserole Buttered Corn  Cookie Milk/Coffee/Tea	Swedish Meatballs Buttered Egg Noodles Green Beans  Ice Cream Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Asian Chicken Salad Dinner Roll	Cheese Quesadilla Coleslaw w/pineapple	Roast Beef & Cheddar Sandwich Soup	BBQ Pulled Pork on Bun Coleslaw	Peanut Butter & Jelly Sandwich Maunderin Oranges	Ham & Cheese Sandwich Soup	Hot Dog on Bun Sourkraut Macaroni Salad