

# Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10/5/2025	10/6/2025	10/7/2025	10/8/2025	10/9/2025	10/10/2025	10/11/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of Wheat Cheesy Eggs Coffee Cake  Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Vegetable Scramble Sausage Links Toast Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Breakfast Sandwich Sausage, Egg & Cheese  Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Fried Egg Candian Bacon Blueberry Muffin Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Ham & Potato Scramble Donut  Fruit Milk/Coffee/Tea	Juice Of Choice Oatmeal Pumpkin French Toast Bake Sausage Links  Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Country Benedict w/Sausage Gravy  Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Meatloaf Baked Potato w/Sour Cream Crinkle Cut Carrots Cookie Milk/Coffee/Tea	Chicken Tendars Potato Wedges Coleslaw  Brownie Milk/Coffee/Tea	Anita's Homemade Chili Cornbread  Churro Milk/Coffee/Tea	Penne' Pasta w/Meat Sauce Italian Vegetables Garlic Toast Oatmeal Jammy Bar Milk/Coffee/Tea	Creamy Mac & Cheese Peas & Carrots  Fruit Crisp Milk/Coffee/Tea	Chicken, Broccoli, Rice Casserole Crinkle Cut Carrots  Peach Tart Milk/Coffee/Tea	BBQ Boneless Pork Ribs Sour Cream Mashed Potatoes Chuckwagon Corn  Pumpkin Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
PB & J Sandwich Fruit	Grilled Cheese Sandwich Coleslaw	Bean & Cheese Burrito Chuckwagon Corn	Chicken Salad w/Apple on Croissant Carrot Raisin Salad	Turkey & Cheese Sandwich Green Salad	Cottage Cheese & Fruit Roll	Chicken Bowtie Pasta Chuckwagon Corn
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef Stew Biscuit  Apple Pie Milk/Coffee/Tea	Maple Dijon Ham Mashed Sweet Potatoes Green Beans  Frosted Cake Milk/Coffee/Tea	Pastrami Melt w/provolone on Rye Dill Pickle Bag of Chips Peach Pie Milk/Coffee/Tea	<b>Breakfast for Dinner!</b> Cowboy Breakfast Sandwich (Sausage,Egg,Hashbrowns) Sherbet Milk/Coffee/Tea	Bratwurst on Bun w/Sauerkraut Baked Beans  Cookie Milk/Coffee/Tea	Fried Chicken Legs Mashed Potatoes w/Gravy Buttered Corn Jello Milk/Coffee/Tea	Unstuffed Bell Pepper Casserole Breadstick  Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cottage Cheese & Fruit Plate Dinner Roll	BBQ Chipped Beef on Bun Green Beans	Cheese Pizza Sliders Green Salad	Denver Quiche (Ham,Peppers,Onions 3 Bean Salad	BBQ Pulled Chicken on Bun Coleslaw	Roast Beef & Cheese Sandwich Green Salad	Ham & Cheese Sandwich Green Salad

Fall/ Winter 2025

Shanna Brandt DM

**\*\*Menus Subject to Change\*\***

Week 1