



Bethany at Silver Lake



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10/12/2025	10/13/2025	10/14/2025	10/15/2025	10/16/2025	10/17/2025	10/18/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cream of wheat Belgian Waffle Strawberries Bacon Fresh Fruit Milk/Coffee/Tea	Oatmeal Cheese Omelet Breakfast Potatoes Toast Fresh Fruit Milk/Coffee/Tea	Cream of wheat Scrambled Eggs Mini Bagel Cream Cheese Fresh Fruit Milk/Coffee/Tea	Oatmeal Blueberry Pancake Sausage Link Fresh Fruit Milk/Coffee/Tea	Cream of wheat Egg, Sausage, Cheese Breakfast Muffin Fresh fruit Milk/Coffee/Tea	Oatmeal Eggs Benidict Hashbrowns Fresh Fruit Milk/Coffee/Tea	Cream of wheat Cheesy Scrambled Danish Fresh Fruit Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Pork Baby Bakers Mixed Vegetables Apple Crisp Milk/Coffee/Tea	Apple Glazed Chicken Garden Rice Candied carrots Rocky Road Pudding Milk/Coffee/Tea	Beef Stroganoff Buttered Noodles Wilted Spinach Cheese Cake Milk/Coffee/Tea	Street Tacos Lettuce, Tomato ,Onion Cheese Spanish Rice Churro Milk/Coffee/Tea	Chicken Yakisoba Stir Fry Veggies Egg Roll Fortune Cookie Vanilla Ice Cream Milk/Coffee/Tea	Ranch Chicken Chuckwagon Corn Mashed /Gravy Fruit Cup Milk/Coffee/Tea	Baked Ham Baked Beans Broccoli Sherbet Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cheese Burger Onion Rings Relish Plate	Tilapia Garden Rice Candied Carrots	Pork Riblett Tossed Salad Cheese cake	Fish & Chips ColeSlaw Churro	German Sausage Sauerkraut Red Potato Salad	Classic Tuna Melt 3 Bean Salad Bbq Chip	Chicken Caesar Salad Roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Hawiiian Meatballs Rice Stir Fry Vegetables Peaches w/Whip Milk/Coffee/Tea	Chili w/Cheese & Onion Tossed Salad Corn Bread Cookie Milk/Coffee/Tea	Chicken Burger Relish Plate Jojos Caramel Peaches Milk/Coffee/Tea	Baked Salmon Roasted Zucchini Scalloped Potatoes Brownie Milk/Coffee/Tea	Bacon Burger French Frys Relish plate Rainbow Sherbet Milk/Coffee/Tea	Pizza Salad Mandrin Orange parfait Milk/Coffee/Tea	Baked Cod Mini Bakers Green Beans Mixed Veggies Cookies Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Grilled Cheese Ministroni Soup Cucumber Onion	Crispy Pork Chop Mashed Potato Green Beans	Penne Alfredo Mixed Vegetables Garlic Bread	Chicken Tenders Frys Dipin Sauce	Chicken Salad Croissant Chips	Egg Salad Sandwich Chips	Chicken burger Relish plate Fries

Fall Winter 2025
Chef Greg McCammond CFPM

Week 1

***MENU IS SUBJECT TO CHANGE**