

November 2025

8:30 Activity Cart Rounds
10:30 Active Game/Exercise
1:30 Bingo

| 8:30 Activity Cart Rounds 2 | 8:30 Activity Cart Rounds | 8:30 Activity Cart Rounds 4 | 8:30 Activity Cart Rounds 5 | 8:30 Activity Cart Rounds 6 | 8:30 Activity Cart Rounds 7 | 8:30 Activity Cart Rounds |
|--|------------------------------|---------------------------------------|-------------------------------|--|------------------------------|----------------------------|
| 10:30 Dixie Dog Visits | 9:30 Coffee Hour | 9:30 Coffee Hour/ Gardening | 9:30 Coffee Hour | 9:30 Coffee Hour | 9:30 Coffee Hour | 10:30 Active Game/Exercise |
| 1:30 Movie and Snack | 1:30 Ceramics | with Thom | 10:30 Active Game/Exercise | 10:30 Active Game/Exercise | 10:30 Active Game/Exercise | 1:30 Bingo |
| 5:20 Seahawk Game Daylight Saving Time Ends | | 10:30 Active Game/Exercise 1:30 Bingo | 1:30 Trivia 3:00 Church | 1:30 Arm Chair Travel 4:00 Resident Bingo | 1:30 King's Corners | |
| 8:30 Activity Cart Rounds | 8:30 Activity Cart Rounds | 8:30 Activity Cart Rounds | 8:30 Activity Cart Rounds 12 | 8:30 Activity Cart Rounds 13 | 8:30 Activity Cart Rounds | 8:30 Activity Cart Rounds |
| 10:30 Dixie Dog Visits | 9:30 Coffee Hour | 9:30 Coffee Hour | 9:30 Coffee Hour | 9:30 Coffee Hour | 9:30 Coffee Hour | 10:30 Active Game/Exercise |
| 1:00 Seahawks game & | 1:30 Craft for Forest Park | 10:30 Active Game/Exercise | 10:30 Active Game/Exercise | 10:30 Active Game/Exercise | 10:30 Active Game/Exercise | 1:30 Bingo |
| Snacks | Kids | 1:30 Forest Park Kids | 1:30 Manicures 3:00 Church | 1:30 Music with Doug 4:00 Resident Bingo | 1:30 King's Corners | |
| 8:30 Activity Cart Rounds 16 | 8:30 Activity Cart Rounds 17 | 8:30 Activity Cart Rounds 18 | 8:30 Activity Cart Rounds | 8:30 Activity Cart Rounds 20 | 8:30 Activity Cart Rounds 21 | 8:30 Activity Cart Rounds |
| 10:30 Dixie Dog Visits | 9:30 Coffee Hour | 9:30 Coffee Hour/ Gardening | 9:30 Coffee Hour | 9:30 Coffee Hour | 9:30 Coffee Hour | 10:30 Active Game/Exercise |
| 1:05 Seahawks Game & | 1:30 Ceramics | with Thom | 10:30 Active Game/Exercise | 10:30 Active Game/Exercise | 10:30 Active Game/Exercise | 1:30 Bingo |
| Snacks | | 10:30 Active Game/Exercise 1:30 Bingo | 1:30 Trivia 3:00 Church | 1:30 Music With Kelly 2:30 Resident Council | 1:30 King's Corners | J |
| 8:30 Activity Cart Rounds 23 | 8:30 Activity Cart Rounds 24 | 8:30 Activity Cart Rounds 25 | 8:30 Activity Cart Rounds 26 | 8:30 Activity Cart Rounds 27 | 8:30 Activity Cart Rounds 28 | 8:30 Activity Cart Rounds |
| 10:00 Seahawks Game & | 9:30 Coffee Hour | 9:30 Coffee Hour | 9:30 Coffee Hour | 9:30 Coffee Hour | 9:30 Coffee Hour | 10:30 Active Game/Exercise |
| Snacks | 1:30 Ceramics | 10:30 Active Game/Exercise | 10:30 Active Game/Exercise | 1:30 Classic TV | 10:30 Active Game/Exercise | 1:30 Bingo |
| 10:30 Dixie Dog Visits | | 1:30 Bingo | 1:30 Bingo Store | 4:00 Resident Bingo | 1:30 King's Corners | - |
| 1:30 Movie & Snacks | | | 4:00 Resident Dinner | Thanksgiving Day | | |
| 30 | | | | | | |

8:30 Activity Cart Rounds

10:30 Dixie Dog Visits

1:05 Seahawk Game & Snacks