

Bethany at Silver Lake - SNF

Week at a Glance - Silver Lake S/S

Regular

Week 3

Sunday - 7.14

Monday - 7.15

Tuesday - 7.16

Wednesday - 7.17

Thursday - 7.18

Friday - 7.19

Saturday - 7.20

Breakfast	Sausage & Cheese Scramble Toast Fruit	Bagel Cream Cheese Hard Boiled Egg Fruit	Veggie Scramble Mini Croissant Fruit	French Toast Chicken Apple Sausage Fruit	Yogurt Pastry Fruit	Poached Egg Bacon Raisin Toast Fruit	Buttermilk Pancakes Little Smokies Fruit
	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>
Lunch	Swedish Meatballs Egg Noodles Italian Medley Veg Chocolate Cream Pie	Herb Baked Chicken Scalloped Potatoes Capri Mixed Veg Peanut Butter Bars	Roasted Pork Loin Garlic Mashed Potatoes Sunshine Carrots Strawberry Poke Cake	BBQ Chicken Thighs Roasted Potatoes Riviera Veggies Fruit Ambrosia	Sweet Chili Shrimp Brown Rice Oriental Vegetables Mandarin Oranges	Tomato Basil Soup Green Salad Tuna Melt Cheesecake Brownie	Pork Cutlet Mashed Potatoes Mixed Vegetables Fruited Jell-O
	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>
	Baked Glazed Ham Mashed Potatoes	Bean & Cheese Burritos Salsa Sour Cream Guacamole Green Salad	Seasoned Trout Brown Rice	Vegetable Quiche Dinner Roll	Pork Fritter Mashed Potatoes	Hot Dog Sweet Relish	Cabbage Rolls Dinner Roll
Dinner	Caesar Salad Chicken Piccata Rice Pilaf Lemon Pudding	Chef Salad Ham Turkey Hard Boiled Egg Cucumber & Tomato Cheddar Cheese Dinner Roll Chilled Apricots	Green Salad Tuna Noodle Casserole Carrot Cake	Green Salad Philly Cheese Steak Sandwich Grilled Peppers & Onions Mozzarella Cheese Cookie	Apple & Craisin Salad Grilled Chix BLT Sandwich Pickle Spear French Fries Mango Yogurt Parfait	Green Salad Beef Lasagna Sherbet	Sweet & Sour Chicken White Rice Asian Vegetables Pineapple Chunks
	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>	<i>Alternates</i>
	Seafood Salad on a Croissant	Battered Cod French Fries Green Salad	Egg Salad Sandwich	Ham Salad Sandwich	Veggieburger On Bun Lettuce & Tomato	Turkey & Ch Sandwich Lettuce & Tomato	Cottage Cheese Fruit Cocktail Dinner Roll