Bethany at Silver Lake - SNF Week at a Glance - Silver Lake S/S

Regular

Sunday- 7.14	Monday-7.15	Tuesday - 7.16	Wednesday - 7.17	Thursday - 7.18	Friday - 7.19	Saturday _{- 7.20}
Sausage & Cheese Scramble Toast Fruit <i>Alternates</i>	Bagel Cream Cheese Hard Boiled Egg Fruit Alternates	Veggie Scramble Mini Croissant Fruit <i>Alternates</i>	French Toast Chicken Apple Sausage Fruit <i>Alternates</i>	Yogurt Pastry Fruit <i>Alternates</i>	Poached Egg Bacon Raisin Toast Fruit <i>Alternates</i>	Buttermilk Pancakes Little Smokies Fruit Alternates
Swedish Meatballs Egg Noodles Italian Medley Veg Chocolate Cream Pie <i>Alternates</i> Baked Glazed Ham Mashed Potatoes	Herb Baked Chicken Scalloped Potatoes Capri Mixed Veg Peanut Butter Bars <i>Alternates</i> Bean & Cheese Burritos Salsa Sour Cream Guacamole Green Salad	Roasted Pork Loin Garlic Mashed Potatoes Sunshine Carrots Strawberry Poke Cake <i>Alternates</i> Seasoned Trout Brown Rice	BBQ Chicken Thighs Roasted Potatoes Riviera Veggies Fruit Ambrosia <i>Alternates</i> Vegetable Quiche Dinner Roll	Sweet Chili Shrimp Brown Rice Oriental Vegetables Mandarin Oranges <i>Alternates</i> Pork Fritter Mashed Potatoes	Tomato Basil Soup Green Salad Tuna Melt Cheesecake Brownie <i>Alternates</i> Hot Dog Sweet Relish	Pork Cutlet Mashed Potatoes Mixed Vegetables Fruited Jell-O <i>Alternates</i> Cabbage Rolls Dinner Roll
Caesar Salad Chicken Piccata Rice Pilaf Lemon Pudding Alternates	Chef Salad Ham Turkey Hard Boiled Egg Cucumber & Tomato Cheddar Cheese Dinner Roll Chilled Apricots <i>Alternates</i> Battered Cod	Green Salad Tuna Noodle Casserole Carrot Cake <i>Alternates</i> Egg Salad Sandwich	Green Salad Philly Cheese Steak Sandwich Grilled Peppers & Onions Mozzarella Cheese Cookie <i>Alternates</i> Ham Salad Sandwich	Apple & Craisin Salad Grilled Chix BLT Sandwich Pickle Spear French Fries Mango Yogurt Parfait <i>Alternates</i> Veggieburger On Bun	Green Salad Beef Lasagna Sherbet <i>Alternates</i> Turkey & Ch Sandwich	Sweet & Sour Chicken White Rice Asian Vegetables Pineapple Chunks <i>Alternates</i> Cottage Cheese
	Sausage & Cheese Scramble Toast Fruit <i>Alternates</i> Swedish Meatballs Egg Noodles Italian Medley Veg Chocolate Cream Pie <i>Alternates</i> Baked Glazed Ham Mashed Potatoes Caesar Salad Chicken Piccata Rice Pilaf Lemon Pudding	Sausage & Cheese Scramble Toast FruitBagel Cream Cheese Hard Boiled Egg FruitAlternatesAlternatesSwedish Meatballs Egg NoodlesHerb Baked Chicken Scalloped Potatoes Capri Mixed Veg Peanut Butter BarsAlternatesAlternatesAlternatesAlternatesBaked Glazed Ham Mashed PotatoesBean & Cheese Burritos Salsa Sour Cream Guacamole Green SaladCaesar Salad Chicken Piccata Rice Pilaf Lemon PuddingChef Salad Hard Boiled Egg Cucumber & Tomato Cheddar Cheese Dinner Roll Chilled Apricots	Sausage & Cheese Scramble Bagel Veggie Scramble Toast Cream Cheese Mini Croissant Fruit Hard Boiled Egg Fruit Alternates Alternates Alternates Swedish Meatballs Herb Baked Chicken Roasted Pork Loin Egg Noodles Scalloped Potatoes Garlic Mashed Potatoes Italian Medley Veg Capri Mixed Veg Strawberry Poke Cake Alternates Alternates Strawberry Poke Cake Alternates Alternates Strawberry Poke Cake Baked Glazed Ham Bean & Cheese Burritos Seasoned Trout Mashed Potatoes Sour Cream Bource Guacamole Green Salad Tuna Noodle Casserole Chicken Piccata Ham Tuna Noodle Casserole Rice Pilaf Turkey Carrot Cake Lemon Pudding Hard Boiled Egg Cucumber & Tomato Cheddar Cheese Dinner Roll Chilled Apricots	Sausage & Cheese Scramble Toast Fruit Bagel Cream Cheese Hard Boiled Egg Fruit Veggie Scramble Mini Croissant Fruit French Toast Chicken Apple Sausage Fruit Alternates Alternates Alternates Alternates Alternates Swedish Meatballs Egg Noodles Herb Baked Chicken Scalloped Potatoes Roasted Pork Loin Garlic Mashed Potatoes BBQ Chicken Thighs Roasted Potatoes Swedish Meatballs Herb Baked Chicken Scalloped Potatoes Roasted Pork Loin Garlic Mashed Potatoes BBQ Chicken Thighs Roasted Potatoes Stallain Medley Veg Chocolate Cream Pie Peanut Butter Bars Strawberry Poke Cake Fruit Ambrosia Alternates Alternates Strawberry Poke Cake Fruit Ambrosia Alternates Baked Glazed Ham Mashed Potatoes Salsa Sour Cream Guacamole Green Salad Green Salad Green Salad Philly Cheese Steak Sandwich Grilled Peppers & Onions Caesar Salad Rice Pilaf Lemon Pudding Chef Salad Hard Boiled Egg Cucumber & Tomato Cheddar Cheese Dinner Roll Chilled Apricots Green Salad Green Salad Tuna Noodle Casserole Carrot Cake Green Salad Philly Cheese Steak Sandwich Grilled Peppers & Onions	Sausage & Cheese Scramble Bagel Veggie Scramble French Toast Yogurt Toast Cream Cheese Mini Croissant Fruit Pastry Fruit Alternates BBQ Chicken Thighs Sweet Chill Shrimp Egg Noodles Scalloped Potatoes Garlic Mashed Potatoes Sunshine Carrots Strawberry Poke Cake Fruit Ambrosia Mandarin Oranges Alternates Alternates Alternates Alternates Alternates Vegetable Quiche Pork Fritter Baked Glazed Ham Bean & Cheese Burritos Salas Sour Cream Guacamole Green Salad Green Salad Green Salad Green Salad Green Salad Green Salad	Sausage & Cheese Scramble Toast Bagel Cream Cheese Hard Boiled Egg Fruit Veggie Scramble Mini Croissant French Toast Chicken Apple Sausage Fruit Yogurt Pastry Fruit Poached Egg Bacon Atternates Tornato Basil Soup Green Salad Tornato Basil Soup Green Salad Tornato Basil Soup Green Salad Tornato Matternates Tornato Matternates Tornato Basil Soup Green Salad Atternates Atternates Atternates Atternates Atternate

Menu for the Week of 7/14/19 to 7/20/19 P. Tran, RD