

BETHANY AT SILVER LAKE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/10/2019	11/11/2019	11/12/2019	11/13/2019	11/14/2019	11/15/2019	11/16/2019
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Scrambled eggs Danish/pastry Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Mushroom frittata Toast/jelly Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled eggs Sausage Fruit Milk/Coffee?tea	Juice of choice Oatmeal Hard cooked egg Oven fried potatoes Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat French toast/syrup Bacon Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs Toast/jelly Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Poached egg Raisin toast Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fruit glazed ham Sweet potatoes Green bean casserole Poke cake Milk/Coffee/Tea	Swedish meatballs over noodles Mixed vegetables Fruited jello Milk/Coffee/Tea	Corned Beef Red Potatoes Carrots Angel food cake Milk/Coffee/Tea	Beef stew with potatoes Biscuit Ice cream Milk/Coffee/Tea	Chicken parmesan Parsley pasta Green beans Mozzarella Stick Cherry turnover Milk/Coffee/Tea	Oriental beef White rice Peas and carrots Egg Rolls Red velvet cake Milk/Coffee/Tea	Breaded fish Tater tots Creamy coleslaw Whipped jello Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Tuna casserole Green bean casserole	Baked fish Parm pasta/mix veg	Veal patty Rice/peas	Manicotti Green salad/dressing	Salisbury steak Mashers/veggie	Pork choppie rice/veggie	Baked chicken tots/slaw
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef noodle soup Krab salad on a croissant Lettuce and tomato Sherbet Milk/Coffee/Tea	Tater tot casserole Broccoli Brownie Milk/Coffee/Tea	French dip sandwich au jus french fries Fruit medley Milk/Coffee/Tea	Caesar salad with chicken Corn bread Vanilla pudding Milk/Coffee/Tea	Vegetable soup Ham salad sandwich Lettuce and tomato Cookie Milk/Coffee/Tea	Chicken noodle casserole Vegetable blend Fruit crisp Milk/Coffee/Tea	Hamburger/bun Relish plate Chips/soup Frosted cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Ravioli Garlic toast/salad	Turkey sandwich lettuce/tom/soup	Bean burrito salsa/salad	Taquitos Beans and Mex Rice	Cottage cheese/fruit dinner roll	Salami Sandwich w/ lettuce and tom/soup	Baked potato with broccoli and cheese