

BETHANY AT SILVER LAKE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/15/2020	3/16/2020	3/17/2020	3/18/2020	3/19/2020	3/20/2020	3/21/2020
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Oatmeal Poached egg Toast/jelly Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Breakfast sandwich w/ sausage patty and cheese/Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French toast/syrup Scrambled eggs Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Hard cooked egg Bacon English muffin half/Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs w/ Salsa Donut/Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Hard cooked egg Sausage Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs/cheese Mini danish Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken cordon bleu Fried potatoes Cream corn Pudding cup Milk/Coffee/Tea	Swedish meatballs over mashers Green beans Frosted cake Milk/Coffee/Tea	Happy St. Pat's Day! slow cooked corn beef cabbage/red spuds rye bread Frosted cake Milk/Coffee/Tea	BBQ pork sandwich on a bun Veggie blend Potato salad Fruity shortcake Milk/Coffee/Tea	Baked spaghetti Garlic breadstick Green salad/dressing Poke cake Milk/Coffee/Tea	Chicken stuffing casserole Italian veggies Rice pudding Milk/Coffee/Tea	Beef stew with potatoes Biscuit Orange chiffon cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cheese ravioli corn	Broc cheese cass Tossed salad	Bean & cheese burrito Spanish rice	Oven fried chicken pot salad/veggies	Seasoned fish Pasta/salad	Manicotti w/alfredo veggies	Veg cheese quiche Biscuit
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Taco salad over tri color chips lettuce/tomato/olives salsa/sour cream Sunshine jello Milk/Coffee/Tea	Chix noodle bake Buttered broccoli Biscuit Custard Milk/Coffee/Tea	Chili Cornbread Onion and cheese Green salad Bread Pudding Milk/Coffee/Tea	Breakfast for dinner Waffle w/ fruit topping Scrambled eggs Sausage Ice cream Milk/Coffee/Tea	Orange pork loin Mashers/gravy Buttered corn Peanut butter brownie Milk/Coffee/Tea	cheeseburger/bun relish plate french fries Jello jewels Milk/Coffee/Tea	Ham and potato cass Vegetable medley Sherbet Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
baked cod cheesy caulif & rice	Chef choice fish veg/slaw/biscuit	Salmon burger lett/tom/soup	Greek chix salad plate Quinoa salad/b-stick	Pizza salad/breadstick	grilled chicken/bun relish plate/fries	Turkey sandwich lett/tom/soup

Fall/Winter Menu
Kim Ayers CDM CFPP

****MENU SUBJECT TO CHANGE****

WEEK 5

