

BETHANY AT SILVER LAKE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/29/2020	3/30/2020	3/31/2020	4/1/2020	4/2/2020	4/3/2020	4/4/2020
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Poached egg Toast/jelly Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs Bacon Toast/fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Pancakes/syrup Sausage Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Hard cooked egg Bacon Toast/fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled eggs w/ green onions Coffee cake/fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs w/chili Sausage Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled eggs/cheese Toast/jelly Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Seasoned roast beef Mashers/gravy Buttered corn Banana cream fluff Milk/Coffee/Tea	Chicken-N-Dumplings Mixed vegetables Tuxedo mousse cake Milk/Coffee/Tea	Chili dog/bun with cheese Potato salad Fruit pie Milk/Coffee/Tea	Apple glaze pork loin Cheesy mashed potatoes Steamed broccoli Fruit crisp Milk/Coffee/Tea	Cinda's Orange chicken Orange rice Japanese veggies Sundae brownie Milk/Coffee/Tea	Tortilla tilapia French fries Creamy coleslaw Lemon bar Milk/Coffee/Tea	Summer's chix parm Parslied pasta Green beans Frosted cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cheese ench. Cass. Buttered corn	Kielbasa w/kraut Bun/salad	Tamale pie Vegetables	Chicken tenders Mashers/veggies	Baked spud/chili&ch Veggies	Ham and beans Country cabbage	Hamburger casserole veggies
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Ham w/applesauce Au gratin potatoes Peas & onions Donut Milk/Coffee/Tea	Lemon pepper cod Lemon rice Italian coleslaw Vanilla strawberry swirl Milk/Coffee/Tea	Chicken mac&cheese Green salad Dressing of choice Jello jewels Milk/Coffee/Tea	Seafood alfredo with pasta Veggie blend Orange fluff Milk/Coffee/Tea	Bell pepper casserole Garlic bread Green salad Strawberry shortcake Milk/Coffee/Tea	Sweet & sour meatballs Steamed rice Veggie blend Rice krispie treat Milk/Coffee/Tea	Brown sugar ham Macaroni and cheese Buttered carrots Fresh baked cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chicken supreme Potatoes/veggie	Miss Anita's Pork Stew Cheesy biscuit	Catch of the day salad/white rice	Turkey sandwich with lettuce/tomato/chips	Vegetable quiche Oven fried potatoes	Peachy pork steak Rice/veggie	Egg salad sandwich Herbed veggie salad