

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beef Chili	Turkey Noodle	White Bean	Potato & Chix Chdr	Chzburger Chowder	Clam Chowder	Chicken Noodle

Week 1 Menu

WEEK AT A GLANCE MENU

Providence Everett Medical Center - Pacific Campus

	August 30, 2020	August 31, 2020	September 1, 2020	September 2, 2020	September 3, 2020	September 4, 2020	September 5, 2020
BREAKFAST	Sunday Breakfast	Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast	Saturday Breakfast
	Orange Juice	Grape Juice	Apple Juice	Apple Juice	Orange Juice	Grape Juice	Apple Juice
	Oatmeal	Cream of Wheat	Oatmeal	Cream of Rice Scrambled Eggs	Oatmeal English Muffin	Malt-O-Meal	Oatmeal
	Pancakes w/ Syrup Bacon	Western Scramble Eggs Blueberry Muffin	Cheesy Scrambled Egg O'Brien Potatoes	Breakfast Ham Hashbrowns	Scrambled Eggs with Jack Cheese Yogurt Fruit	Biscuit w/ Sausage Gravy Scrambled Egg Fruit	Pancakes w/syrup Sausage Patty
	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea
LUNCH	Sunday Lunch	Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch
	Roast Turkey	Italian Beef & Pasta Casserole	BBQ Pork Sandwich	Sweet & Sour Chicken w/ Pineapple	Fish & Chips	BBQ Chicken	Crispy Chicken Sandwich
	Country Mashed Potato	Garlic Bread	Potato Wedge	Jasmine Rice		Augratin Potatoes	Potato Wedge
	French Cut Green Beans	Yellow Squash	Scandinavian Vegetables	Asian Pineapple Slaw	Red Cabbage Coleslaw Pears	Green Beans	French Cut Green Beans
	Mandarin Oranges	Peaches	Brownie	Vanilla Ice Cream		Sherbet	Chocolate Ice Cream
Coffee, Tea	Coffee, Tea	Coffee, Tea	Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Coffee, Tea	
Alternate Swedish Meatballs Mashed Potato & Vegetable	Alternate Citrus Chicken Roll and Soup Du Jour	Alternate SW Chicken Salad and Roll	Alternate Sausage & Onions on Bun and Asian Slaw	Alternate Chicken Cacciatore Pasta Broccoli & Roll	Alternate Tuna Casserole Roll & Green Beans	Alternate Stir Fry Veg with Chicken White Rice	
DINNER	Sunday Dinner	Monday Dinner	Tuesday Dinner	Wednesday Dinner	Thursday Dinner	Friday Dinner	Saturday Dinner
	Cheese Tortellini w/ Marinara WW Dinner Roll	Beef Stroganoff Over Egg Noodles	Turkey Veg Stew w/ Dumplings	Chicken Cordon Blue	Cheeseburger on WW	Apple Pork Loin Stuffing	Cheese Enchilada
	Roasted Zucchini	Italian Vegetables	Broccoli	Wild Rice Pilaf	French Fries Mixed Greens Salad with Spinach	Mixed Vegetables	Black Beans
	Lemon Mousse	Vanilla Ice Cream	Strawberry Ice Cream	Chocolate Chip	Chocolate Mousse	Sugar Cookie	Shredded Lettuce
	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Coffee, Tea	Milk, Coffee, Tea	Tapioca Pudding
Alternate Tuna Salad on WW Soup du Jour	Alternate Chz & Bean Burrito w/Sauce Sour Cream, Mexi Rice, Veg	Alternate Chicken Caesar Breast Rice & Broccoli	Alternate Mac and Cheese with Vegetables	Alternate BBQ Apricot Meatballs French Fries & Green Salad	Alternate Taco Stuffed Baked Potato with Mixed Vegetables	Alternate Chicken Salad Sandwich Cilantro Slaw, Soup Du Jour	

Name: _____

Room #: _____

Circle Main or Alternate Entree. Please do not write in additional items.
All therapeutic diets will be modified according to diet restrictions and texture requirements.