

Bethany at Silver Lake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8/23/2020	8/24/2020	8/25/2020	8/26/2020	8/27/2020	8/28/2020	8/29/2020
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Oatmeal Hard cooked egg Breakfast potatoes Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Biscuit & gravy Sausage Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs Toast Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Pancakes/syrup Sausage Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs Coffee cake Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Scrambled eggs with ham and cheese Fruit/toast Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs with green onions Blueberry muffin/fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Shredded open beef sandwich/gravy Mashers/gravy Mixed vegetables Heavenly hash Milk/Coffee/Tea	Chicken & dumplings Green peas Lemon bars Milk/Coffee/Tea	Turkey/cheese sandwich Green Salad Chips Jello/marshmallows Milk/Coffee/Tea	Sweet & Sour Pork White rice Japanese Vegetables Vanilla pudding Milk/Coffee/Tea	Tuna salad Tomato/onion salad Dinner roll Chocolate cake Milk/Coffee/Tea	Turkey dressing casserole Gr.beans/craisins A Goodie cookie Milk/Coffee/Tea	BBQ meatballs Macaroni & cheese Veggie blend Cinnamon applesauce Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Black olive chicken Potatoes/veggies	Ground beef w/gravy mashers/vegies	Tilapia Rice/gr. Salad	Gr. Beefy rice casserole Veggies	Chicken paprika Salad/roll	Salisbury steak Mashers/veggies	lemon pepper pork Mac-ch/veggie
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Halibut burger Sweet potato fries Tomato soup Lettuce and tomato Angel food cake Milk/Coffee/Tea	Garden veggie soup Egg salad sandwich Chips Fruit cobbler Milk/Coffee/Tea	Hamburger/bun French fries Lettuce and tomato Brown sugar peaches Milk/Coffee/Tea	Chunky beef pot pie Ranch pea salad Dinner roll Ice cream Milk/Coffee/Tea	Chef's choice quiche Green salad Biscuit Pear fluff Milk/Coffee/Tea	BBQ pork/bun Baked beans Roasted zucchini Rice krispie treat Milk/Coffee/Tea	Tuna sandwich Veggie soup Chips Fruit crisp Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Sliced ham Potatoes/veggies	Tuna noodle casserole Green salad/dressing	Salami sandwich Soup/lettuce&tomato	chicken salad Salad/roll	Ham salad Salad/biscuit	Fishwich Let&tom/beans	Baked chicken Mashers/veggies