

Lunch
Soup

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Chili

Chicken & Rice

Baked Potato

Vegetarian Lentil

Asian Vegetable

Clam Chowder

Chicken Noodle

Providence Everett Medical Center - Pacific Campus

October 18, 2020

October 19, 2020

October 20, 2020

October 21, 2020

October 22, 2020

October 23, 2020

October 24, 2020

	Sunday Breakfast	Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast	Saturday Breakfast
BREAKFAST	Orange Juice	Grape Juice	Orange Juice	Apple Juice	Orange Juice	Grape Juice	Orange Juice
	Oatmeal	Cream of Wheat	Malt-O-Meal	Oatmeal	Cream of Rice	Oatmeal	Malt-O-Meal
	Texas French Toast Bacon	Sausage Hashbrown Frittata	Scrambled Eggs Biscuit & Gravy	Scrambled Eggs w/ Cheese & Tomato Blueberry Muffin	English Muffin Sandwich w/ Egg Round w/Cheese Sausage Patty Fruit	Scrambled Eggs Apple Cinnamon Muffin	Texas French Toast w/ Syrup Sausage Pattily
	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea
	Sunday Lunch	Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch
LUNCH	Four Cheese Macaroni	Salisbury Steak w/Gravy	Meatloaf with Taco Spice	Sloppy Joe Sandwich	Chicken Tenders	Roasted Ham	Baked Chicken Parmesan
	Steamed Peas & Pearl Onions Green Salad	Garlic Mashed Potatoes Carrots	Scalloped Potatoes French Green Beans	Corn Green Salad	Potato Wedge Broccoli	Wild Rice Pilaf Roasted Brussels Sprouts	Rotini Pasta Italian Vegetables
	Vanilla Ice Cream Coffee, Tea	Butterscotch Pudding Coffee, Tea	Chocolate Chip Cookie Coffee, Tea	Macadamia Cookie Coffee, Tea	Chocolate Mousse Coffee, Tea	Apple Cobbler with Biscuit Milk, Coffee, Tea	Peaches Coffee, Tea
Alternate <i>Mandarin Pork Stir Fry Jasmine Rice, Salad</i>	Alternate <i>Chicken Provencal Garlic Mashed Pot, Carrots</i>	Alternate <i>Turkey & Swiss Sandwich Tomato Soup</i>	Alternate <i>Teriyaki Chicken Veg Fried Rice, Side Salad</i>	Alternate <i>Veggie Burger with Lettuce & Tomato, Broccoli</i>	Alternate <i>Tilapia, Wild Rice Pilaf and Brussels Sprouts</i>	Alternate <i>Loaded Baked Potato Soup w/ Breadstick, Garden Salad</i>	
	Sunday Dinner	Monday Dinner	Tuesday Dinner	Wednesday Dinner	Thursday Dinner	Friday Dinner	Saturday Dinner
DINNER	Sweet & Sour Meatballs	Crispy Chicken Sandwich	Fettucini Alfredo	All Beef Hot Dog	<i>Cheese Ravioli w/ Chunky Marinara, Green Beans</i>	Traditional Beef Tacos	Irish Beef Stew
	Brown Rice Vegetables Blend	Squash Sautee w/ Red Peppers	Zucchini	Fries Italian Vegetable	Green Beans	Broccoli with lemon	Roll Side Salad
	Oatmeal Raisin Cookie Milk, Coffee, Tea	Angel Food Cake with Fruit Milk, Coffee, Tea	Jello Salad Milk, Coffee, Tea	Fruit cocktail Milk, Coffee, Tea	Brownie Milk, Coffee, Tea	Lemon Pudding Milk, Coffee, Tea	Sugar Cookie Milk, Coffee, Tea
Alternate <i>Egg Salad Sandwich Side Salad</i>	Alternate <i>Chicken Taco Salad, Corn Bread, Garden Veg Soup</i>	Alternate <i>Baked Cod w/ Cream Sauce 1/2 Baked Potato, Zucchini</i>	Alternate <i>Chicken Caesar Salad Garlic Bread</i>	Alternate Chicken Bruschetta Sandwich	Alternate Baked Pasta Torte Broccoli with Lemon	Alternate <i>Chef Salad w Roll</i>	

Name: _____

Room #: _____

Circle Main or Alternate Entree. Please do not write in additional items.
All therapeutic diets will be modified according to diet restrictions and texture requirements.

