

BETHANY AT SILVER LAKE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10/11/2020	10/12/2020	10/13/2020	10/14/2020	10/15/2020	10/16/2020	10/17/2020
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Oatmeal Poached egg Breakfast potatoes Toast/fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Biscuit and gravy Sausage Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs Fruit muffin Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Waffles Sausage Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Hards cooked egg Donut Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Ham, cheese, and egg casserole/Biscuit Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs with cheese Toast/fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken cordon bleu Baked potato/sr.cream Broccoli Chocolate pudding Milk/Coffee/Tea	Kim's meatloaf mashers/gravy Corn Assorted desserts Milk/Coffee/Tea	Chicken salad/crackers Italian gr.bean salad Ghostly jello jewels Milk/Coffee/Tea	Roasted Pork Macaroni and cheese Green peas Banana pudding Milk/Coffee/Tea	Enchilada casserole Cream corn Spanish rice Scary spice cake Milk/Coffee/Tea	Chicken ranch burger bun w/lettuce&tomato Italian coleslaw Yummy mummy cookie Milk/Coffee/Tea	Summer's seafood alfredo over pasta Green beans Heavenly hash Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
A-sauce pork choppie potato/veggie	Baked ham potato/veggies	Cheese ravioli Veggie blend	Cabbage casserole Macaroni and cheese	Egg salad sandwich Soup/chips	Cottage cheese/fruit slaw/dinner roll	Sliced hammy pasta/veggies
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Macaroni and cheese Stewed tomatoes Booboo donut Milk/Coffee/Tea	Turkey sandwich Lettuce and tomato Veggie salad Snickerdoodle pudding Milk/Coffee/Tea	Anita's taco salad with lettuce/tomato/olives salsa/cheese/over taco chips Fruit crisp Milk/Coffee/Tea	Chili with onions and cheese Green salad/dressing Assorted desserts Milk/Coffee/Tea	Ham salad sandwich Broccoli salad Rosy applesauce Milk/Coffee/Tea	Breakfast for Dinner Waffles w/s-berry top Scrambled eggs Breakfast ham Ice cream Milk/Coffee/Tea	Chicken tenders Ranch beet salad Tots from a tater Fruity cobbler Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Tuna noodle casserole Tomatoes	Chicken supreme mashers/salad	Egg salad Veg soup/crackers	Tuna salad/crackers Green salad	Baked chicken mashers/salad	Roast beef sandwich lett/tom/pasta salad	Cod loin Tots/beets

Spring/Summer Menu

Kim Ayers CDM CFPP

****Menu Subject to Change****