

LUNCH SOUP	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Chili	Chicken & Rice	Baked Potato	Vegetarian Lentil	Thai Chicken Rice	Cr. of Tomato	Chicken Noodle

Week 1 Menu

WEEK AT A GLANCE MENU

Providence Everett Medical Center - Pacific Campus

For the week of November 22th

	November 22, 2020	November 23, 2020	November 24, 2020	November 25, 2020	November 26, 2020	November 27, 2020	November 28, 2020
BREAKFAST	Sunday Breakfast	Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast	Saturday Breakfast
	Orange Juice	Grape Juice	Apple Juice	Apple Juice	Orange Juice	Grape Juice	Apple Juice
	Oatmeal	Cream of Wheat	Oatmeal	Cream of Rice Scrambled Eggs	Oatmeal English Muffin	Malt-O-Meal	Oatmeal
	Pancakes w/ Syrup Bacon	Western Scramble Eggs Blueberry Muffin	Cheesy Scrambled Egg O'Brien Potatoes	Breakfast Ham Hashbrowns	Scrambled Eggs with Jack Cheese	Biscuit w/ Sausage Gravy Yogurt Fruit	Pancakes w/syrup Sausage Patty
	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea
LUNCH	Sunday Lunch	Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch
	Lasagna with Beef	Italian Beef & Pasta Casserole	BBQ Pork Sandwich	Fish & Chips	Thanksgiving Roast Turkey	BBQ Chicken	Crispy Chicken Sandwich
	French Cut Green Beans	Garlic Bread	Potato Wedge	Red Cabbage Coleslaw	Mashed Potatoes w Gravy Savory Stuffing Cranberry Sauce Whole Green Beans	Augratin Potatoes	Potato Wedge
	Mandarin Oranges	Yellow Squash	Green Beans	Pears	Pumpkin Pie	Key Largo Veg	French Cut Green Beans
	Coffee, Tea	Peaches	Brownie	Coffee, Tea	Milk, Coffee, Tea	Sherbet	Chocolate Ice Cream
Alternate <i>Tuna Salad on WW Soup du Jour</i>	Alternate <i>Citrus Chicken Roll and Soup Du Jour</i>	Alternate <i>SW Chicken Salad and Roll</i>	Alternate <i>Sausage & Onions on Bun Red Cabbage Coleslaw</i>	Alternate <i>BBQ Apricot Meatballs Rice & Asian Slaw</i>	Alternate <i>Tuna Casserole Roll & Green Beans</i>	Alternate <i>Stir Fry Veg with Chicken White Rice</i>	
DINNER	Sunday Dinner	Monday Dinner	Tuesday Dinner	Wednesday Dinner	Thursday Dinner	Friday Dinner	Saturday Dinner
	Cheese Tortellini w/ Marinara WW Dinner Roll	Turkey Veg Stew w/ Dumplings	Beef Stroganoff	Chicken Cordon Blue	Cheeseburger on WW	Apple Pork Loin Stuffing	Cheese Enchilada
	Roasted Zucchini	Broccoli	Over Egg Noodles	Wild Rice Pilaf	French Fries Broccoli	Mixed Vegetables	Black Beans
	Lemon Mousse	Strawberry Ice Cream	Carrots	Mixed Vegetable	Chocolate Mousse	Sugar Cookie	Shredded Lettuce
	Milk, Coffee, Tea	Vanilla Ice Cream	Chocolate Chip	Chocolate Chip	Coffee, Tea	Milk, Coffee, Tea	Tapioca Pudding
Alternate <i>Swedish Meatballs Mashed Potato & Vegetable</i>	Alternate <i>Chz & Bean Burrito w/Sauce Sour Cream, Mexi Rice, Veg</i>	Alternate <i>Chicken Caesar Breast Rice & Veg</i>	Alternate <i>Mac and Cheese with Vegetables</i>	Alternate <i>Chicken Cacciatore Pasta Broccoli & Roll</i>	Alternate <i>Taco Stuffed Baked Potato with Mixed Vegetables</i>	Alternate <i>Chicken Salad Sandwich Cilantro Slaw, Soup Du Jour</i>	

Name: _____
Room #: _____

Circle Main or Alternate Entree. Please do not write in additional items.
All therapeutic diets will be modified according to diet restrictions and texture requirements.