

# Bethany at Silver Lake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/15/2020	11/16/2020	11/17/2020	11/18/2020	11/19/2020	11/20/2020	11/21/2020
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Cream of wheat Poached egg Toast/jelly Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs Bacon Fruit/biscuit Milk/Coffee/Tea	Juice of choice Cream of wheat Pancakes/syrup Sausage links Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Hard cooked egg Bacon Biscuit/fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scramble/gr onion Coffee cake Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs Sausage links Blintz/fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scramble/cheese Toast/jelly Fruit Milk/Coffee/Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Seasoned roast beef Mashers/gravy Buttered corn  Banana cream fluff Milk/Coffee/Tea	Chicken-N-dumplings Mixed vegetables  Tuxedo mousse cake Milk/Coffee/Tea	Chili dog/bun with cheese Potato salad  Fruit pie Milk/Coffee/Tea	Apple glazed pork loin Cheesy mash potatoes Steamed broccoli  Michelle's fruit crisp Milk/Coffee/Tea	Almira's Orange chix Orange rice Japanese veggies  Sundae brownie Milk/Coffee/Tea	Seasoned tilapia French fries Creamy coleslaw  Lemon bar Milk/Coffee/Tea	Summer's chix parm Parslied pasta Green beans  Frosted cake Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Cheese ench. Cass. Buttered corn	Kielbasa/kraut Bun/salad	Egg salad Pot salad/roll	Chicken tenders Mashers/veggies	Baked spud/chili&ch Veggies	Ham and beans Country cabbage	Hamburger casserole Veggies
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Waffles w/topping Scrambled eggs Sausage links  Donut Milk/Coffee/Tea	Lemon pepper cod Lemon rice Italian coleslaw  Van/strawberry swirl Milk/Coffee/Tea	Chix mac and cheese Green salad Dressing of choice  Jello jewels Milk/Coffee/Tea	Seafood alfredo with pasta Veggie blend  Orange fluff Milk/Coffee/Tea	Bell pepper casserole Garlic bread Green salad  strawberry shortcake Milk/Coffee/Tea	BBQ meatballs Steamed rice Veggie blend  Rice krispie treat Milk/Coffee/Tea	Brown sugar ham Mac and cheese Buttered carrots  Fresh baked cookie Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Chicken supreme Potatoes/veggie	Anita's pork stew Cheesy biscuit	Catch of the day salad/white rice	Turkey sandwich with lettuce/tomato/chips	Vegetable quiche Oven fried potatoes	Bean/cheese burrito Rice/veggie	Turkey sandwich Herbed veggie salad

Fall/Winter Menus.....Kim  
Ayers CDM CFPP



**\*\*MENU SUBJECT TO CHANGE\*\***

Week 2

