

# December

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**SOCIAL DISTANCING**  
**STOP COVID-19**



8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 Funny Videos (A)  
2:00 Singing along (A)  
3:00 Jukebox (A)

2  
8:30 Hope Room Visits  
10:00 **Chair Zumba (A)**  
10:45 Current Events(A)  
2:00 Bingo (A)  
3:00 Relaxation Music (A)

3  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 Reminisce (A)  
2:00 **Arts and Crafts (A)**  
- **X'mas Walker Decoration**  
3:00 Jukebox (A)

4  
8:30 Hope Room Visits  
9:00 Podiatry—Dr. Greenberg  
10:00 Exercise Class (A)  
10:45 Hymn Singing (A)  
2:00 Bingo (A)  
3:00 Music First (A)



6 **Happy Birthday, Betty!**



7 **Pearl Harbor Remembrance Day**  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 **Hangman (A)**  
2:00 Bingo (A)  
3:00 Music First (A)

8  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 Funny Videos (A)  
2:00 Singing along (A)  
3:00 Jukebox (A)

9  
8:30 Hope Room Visits  
10:00 **Chair Zumba (A)**  
10:45 Current Events(A)  
2:00 Bingo (A)  
3:00 Relaxation Music (A)

10  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 Reminisce (A)  
2:00 **Arts and Crafts (A)**  
- **X'mas Doorknob Card**  
3:00 Jukebox (A)

11  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 Hymn Singing (A)  
2:00 Bingo (A)  
3:00 Music First (A)



13 **Happy Birthday, Gayle!**



14  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 **Hangman (A)**  
2:00 Bingo (A)  
3:00 Music First (A)

15  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 Funny Videos (A)  
2:00 **Silent Night, Holy Night**  
**legendary Christmas Concert (A)**  
3:00 Jukebox (A)

16  
8:30 Hope Room Visits  
10:00 **Chair Zumba (A)**  
10:45 Current Events(A)  
2:00 Bingo (A)  
3:00 Relaxation Music (A)

17  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 Reminisce (A)  
2:00 **Dec Birthday Celebration**  
3:00 Jukebox (A)

18  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 Hymn Singing (A)  
2:00 Bingo (A)  
3:00 Music First (A)



21 **Winter Solstice**  
**Happy Birthday, Bill!**  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 **Hangman (A)**  
2:00 Bingo (A)  
3:00 Music First (A)

22  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 Funny Videos (A)  
1:30 **Christmas Party!**  
(Your Apartment)  
3:00 Jukebox (A)

23  
8:30 Hope Room Visits  
10:00 **Chair Zumba (A)**  
10:45 Current Events(A)  
2:00 Bingo (A)  
3:00 Relaxation Music (A)

24 **Christmas Eve**  
8:30 Hope Room Visits  
10:00 Exercise Class (D)  
10:45 **Christmas Stories (D)**  
2:00 **Christmas Caroling (A)**  
3:00 Jukebox (A)



28  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 **Hangman (A)**  
2:00 Bingo (A)  
3:00 Music First (A)

29  
8:30 Hope Room Visits  
10:00 Exercise Class (A)  
10:45 Funny Videos (A)  
2:00 **World Traveler (A)**  
- **France**  
3:00 Jukebox (A)

30  
8:30 Hope Room Visits  
10:00 **Chair Zumba (A)**  
10:45 Current Events(A)  
2:00 Bingo (A)  
3:00 Relaxation Music (A)

31  
8:30 Hope Room Visits  
10:00 Exercise Class (D)  
10:45 Reminisce (D)  
2:00 **New Year Party!**  
(Your Apartment)  
3:00 Jukebox (A)



Please note  
this calendar  
is subject to  
change.