

LUNCH SOUPS	Sunday Beef Chili	Monday Turkey Noodle	Tuesday White Bean	Wednesday Potato & Chix Chdr	Thursday Chzburger Chowder	Friday Clam Chowder	Saturday Chicken Noodle
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Week 4 Menu

WEEK AT A GLANCE MENU

Providence Everett Medical Center - Pacific Campus

		May 2, 2021	May 3, 2021	May 4, 2021	May 5, 2021	May 6, 2021	May 7, 2021	May 8, 2021
For the week of May 2nd	BREAKFAST	Sunday Breakfast	Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast	Saturday Breakfast
		Orange Juice	Grape Juice	Orange Juice	Apple Juice	Orange Juice	Grape Juice	Orange Juice
		Oatmeal	Cream of Wheat	Malt-O-Meal	Oatmeal	Cream of Rice	Oatmeal	Malt-O-Meal
		Texas French Toast Bacon	Sausage Hashbrown Frittata	Scrambled Eggs Biscuit & Sausage Gravy	Scrambled Eggs w/ Cheese & Tomato Blueberry Muffin Fruit	English Muffin Sandwich w/ Egg Round w/Cheese Sausage Patty Fruit	Scrambled Eggs Apple Cinnamon Muffin	Texas French Toast w/ Syrup Sausage Pattiy
		Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea	Milk Coffee, Tea
	LUNCH	Sunday Lunch	Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch
		Four Cheese Macaroni	Salisbury Steak w/Gravy	Meatloaf with Taco Spice	Sloppy Joe Sandwich	Chicken Tenders	Roasted Ham	Baked Chicken Parmesan
		Steamed Peas & Pearl Onions Green Salad	Garlic Mashed Potatoes Carrots	Scalloped Potatoes French Green Beans	Corn Green Salad	Potato Wedge Broccoli	Wild Rice Pilaf Roasted Brussels Sprouts	Rotini Pasta Italian Vegetables
		Vanilla Ice Cream	Butterscotch Pudding	Chocolate Chip Cookie	Macadamia Cookie	Chocolate Mousse	Apple Cobbler with Biscuit	Peaches
Coffee, Tea		Coffee, Tea	Coffee, Tea	Coffee, Tea	Coffee, Tea	Milk, Coffee, Tea	Coffee, Tea	
Alternate <i>Mandarin Pork Stir Fry Jasmine Rice, Salad</i>	Alternate <i>Chicken Provencal Garlic Mashed Pot, Carrots</i>	Alternate <i>Turkey & Swiss Sandwich Tomato Soup</i>	Alternate <i>Teriyaki Chicken Veg Fried Rice, Side Salad</i>	Alternate <i>Veggie Burger with Lettuce & Tomato, Broccoli</i>	Alternate <i>Tilapia, Wild Rice Pilaf and Brussels Sprouts</i>	Alternate <i>Loaded Baked Potato Soup w/ Breadstick, Garden Salad</i>		
DINNER	Sunday Dinner	Monday Dinner	Tuesday Dinner	Wednesday Dinner	Thursday Dinner	Friday Dinner	Saturday Dinner	
	Sweet & Sour Meatballs	Cheese Tortellini with Pesto Sauce	Fettucini Alfredo	All Beef Hot Dog	Cheese Ravioli w/ Chunky Marinara, Green Beans	Traditional Beef Tacos	Beef Stew	
	Brown Rice	Squash Sautee w/ Red Peppers	Zucchini	Fries	Green Beans	Broccoli with lemon	Roll	
	Vegetables Blend	Angel Food Cake with Fruit	Jello Salad	Italian Vegetable	Brownie	Lemon Pudding	Side Salad	
	Oatmeal Raisin Cookie	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	
Alternate <i>Egg Salad Sandwich Side Salad</i>	Alternate <i>Chicken Taco Salad, Corn Bread, Garden Veg Soup</i>	Alternate <i>Baked Cod w/ Cream Sauce 1/2 Baked Potato, Zucchini</i>	Alternate <i>Chicken Caesar Salad Garlic Bread</i>	Alternate <i>Chicken Bruschetta Sandwich</i>	Alternate <i>Baked Pasta Torte Broccoli with Lemon</i>	Alternate <i>Chef Salad w Roll</i>		

Name: _____

Room #: _____

Circle Main or Alternate Entree. Please do not write in additional items.
All therapeutic diets will be modified according to diet restrictions and texture requirements.