

BEIHANY AT SILVER LAKE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4/25/2021	4/26/2021	4/27/2021	4/28/2021	4/29/2021	4/30/2021	5/1/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Oatmeal Poached egg Toast/jelly Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scramble egg/gr.onion Toast/jelly Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French toast/syrup Scrambled eggs Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Hard cooked egg Hashbrown Fruit Milk/Coffee/Tea	Juice of choice Oatmeal scramble egg/salsa Donut Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Hard cooked egg Fruit muffin Fruity fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled egg/cheese Toast/jelly Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Turkey pot pie Veggie blend pudding cup Milk/Coffee/Tea	Swedish meatballs over pasta Green beans/craisins A cool cookie Milk/Coffee/Tea	McBethany pork ribby on a bun w/pickles bbq sauce and onions Vegetable salad Fruity fluff Milk/Coffee/Tea	Chef's choice chicken Seasoned rice Brown sugar carrots Fruity shortcake Milk/Coffee/Tea	Beef goulash Garlic toast Green salad/dressing Poke cake Milk/Coffee/Tea	Chicken stuffing casserole Italian vegetables Rice pudding Milk/Coffee/Tea	Beef stew with potatoes Cornbread Assorted desserts Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Mac and cheese Veggie blend	Broc cheese cass Green beans/craisins	Bean & cheese burrito Spanish rice	Assorted sandwiches chips/tom spoon salad	Seasoned fish toast/salad	Eggy salad Tom salad/roll	Veggie cheese quiche Tossed salad/dressing
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cheeseburger Relish plate French fries Jello jewels Milk/Coffee/Tea	Chix Noodle bake Buttered broccoli Ice cream Milk/Coffee/Tea	Chicken sandwich Lettuce and tomato Veggie soup/crackers Chef's choice cake Milk/Coffee/Tea	Mac and cheese Stewed tomatoes Bread pudding Milk/Coffee/Tea	Assorted sandwiches lettuce and tomato Veggie salad Peanut butter brownie Milk/Coffee/Tea	Cheesy beefy mac veggie blend Sunshine jello Milk/Coffee/Tea	Ham and potato cass. Vegetable medley Sherbet Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Grilled chicken/bun relish plate/fries	Chef's choice fish Veggie/pasta	Fish burger Lett/tom/soup	Chicken salad Veggie salad/crackers	Honey sliced ham salad/white rice	Tuna sandwich soup/crackers	Turkey sandwich lett/tom/soup

Fall/Winter menu
Kim Ayers CDM CFPP



****MENU SUBJECT TO CHANGE****



WEEK 5

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