

Bethany at Silver Crest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/13/2021	6/14/2021	6/15/2021	6/16/2021	6/17/2021	6/18/2021	6/19/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Veggie Scramble Canadian Bacon Donut/Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Stuffed Biscuit Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Honey Bran Peach Bars Breakfast Ham Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scramble with Cheese Bacon Toast/Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Amish Hashbrown Cass. Sausage Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Orange French Toast Breakfast Ham Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scramble/Biscuit Sausage Gravy Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Ham and Bean	Chicken and Rice	Tomato Basil	Italian Wedding Soup	French Onion	Cream of Potato	Butternut Squash
Lemon Pepper Cod Brown Rice Roasted Squash	Balsamic Turkey Roasted Potatoes Broccolini	Chicken/Veg Low Mein Eggroll	Spaghetti w/Meat Sauce Garlic Bread Carrots	Chicken Cordon Bleu Parmesan Pasta Asparagus	Meatloaf w/ Gravy Garlic Mashed Potatoes Baby Carrots	Fried Chicken Potato Salad Corn
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chicken Caesar Salad Breadstick	Italian Shells Roasted Potatoes Broccolini	Beef Enchilada Spanish Rice Corn	Turkey Avacado Salad Garlic Bread	Macaroni & Cheese Stewed Tomatoes	Asian Chicken Salad Dinner Roll	Salmon Croquettes Potato Salad Corn
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Quiche Lorraine Salad w/ Dressing	Hamburger on Bun Lettuce/Tomato/Onion French Fries/Coleslaw	Cuban Sandwich Chips Cucumber Salad	Apple Pork Loin Mashed Potatoes peas	Waffles w/ Berries Scrambled Eggs Bacon	Chicken Parmesan Linguini Broccoli	Hot Dog on Bun Choppd Onion/Relish Baked Beans/Fren Fries
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Churro Milk/Coffee/Tea	Chocolate Delight Milk/Coffee/Tea	Jello Cake Milk/Coffee/Tea	Bread Pudding Milk/Coffee/Tea	Peach Cobbler Milk/Coffee/Tea	Tapioca Pudding Milk/Coffee/Tea	Snickerdoodle Parfait Milk/Coffee/Tea
Turkey Burger Lettuce/ Tomato French Fries	BBQ Pork French Fries/Coleslaw	Ginger Tilapia Mashed Potatoes Cucumber Salad	Salisbury Steak Mashed Potato Peas	Grilled Cheese w/ Tomato and Onion Chips	Rockfish Linguini Broccoli	Cobb Salad Garlic Toast