

BETHANY AT SILVER LAKE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/27/2021	6/28/2021	6/29/2021	6/30/2021	7/1/2021	7/2/2021	7/3/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Oatmeal Hard cooked egg Toast/jelly Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Poached egg Sausage links Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs Toast/jelly Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat French toast/syrup Bacon Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scramble w/salsa Donut Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Hard cooked egg Muffin Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs Toast/jelly Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
BBQ pulled pork Au gratin potatoes Green salad Salad dressing Orange sherbet Milk/Coffee/Tea	Shrimp Louie lett/tom/olives/egg Louie sauce/crackers Peach fluff Milk/Coffee/Tea	French dip/au jus Hoagie roll French fries Carrot coin salad Jello w/mallows Milk/Coffee/Tea	BBQ Chicken Mashers/gravy Corn on the cob Cherry turnover Milk/Coffee/Tea	Spinach ravioli Garlic toast Veggie blend Fruity crisp Milk/Coffee/Tea	Bratwurst/kraut German potato salad Green beans Peanut butter pie Milk/Coffee/Tea	Crabby patties lettuce and tomato Buttered pasta Dilled carrots Assorted desserts Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Tuna noodle casserole Green salad/dressing	Beef pot pie Green salad/dressing	Chix salad sand Fries/carrots	Cottage cheese/fruit dinner roll	Ham/cheese quiche Veggie blend	Seasoned cod salad/gr beans	Beef tips/shrooms pasta/carrots
Dinner	breadstick	Dinner	Dinner	Dinner	Dinner	Dinner
Beef enchilada cass. Fiesta corn Spanish rice Goodie cookie Milk/Coffee/Tea	Honey mustard chix Sweet potatoes Veggie blend Frosted cake Milk/Coffee/Tea	Sweet and sour pork Rice Asian veggies Chocolate pudding Milk/Coffee/Tea	Seafood salad on a croissant 3 bean salad Cinnamon peaches Milk/Coffee/Tea	Grilled cheese sand Tomato soup Watermelon Milk/Coffee/Tea	Taco salad Tom/onion/lettuce olives/sr.cream salsa over chips Orange fluff Milk/Coffee/Tea	Baked chicken Rice Pea salad Lemon pudding Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chicken salad Soup/crackers	Baked hammy ham Swt pots/veggies	Tuna sandwich creamy salw/chips	Veggie patti mashers/3 bean	Beef macaroni Garlic bread/soup	Chix burger w/lett tom/chips/soup	Ham and beans Rice/salad