

BEITHANY AT SILVER LAKE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/25/2021	7/26/2021	7/27/2021	7/28/2021	7/29/2021	7/30/2021	7/31/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Oatmeal Poached egg Biscuit Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scramble egg/gr.onion Toast/jelly Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Yogurt Donut Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled eggs Corn beef hash Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French toast/syrup Bacon Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Hard cooked egg Diced potatoes Fruity fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scram egg/red peps Toast/jelly Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cheese pizza Spinach/onion salad	BBQ ribbies Stuffing Corn	Cod almonidine Garlice pasta Veggie blend	Tamale pie Black beans	BBQ chicken Corn on the cob Potato salad	Beefy cheese mac Beet/onion salad	Chef salad w/ham toms/olives cheese/gr onion Dinner roll Cookie Milk/Coffee/Tea
Whipped pudding Milk/Coffee/Tea	Frosted cake Milk/Coffee/Tea	Emerald pears Milk/Coffee/Tea	S-berry dloud cake Milk/Coffee/Tea	Watermelon Milk/Coffee/Tea	Sherbet Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Ham/cheese quiche Salad	Pollock pub Stuffing/corn	Country fry steak/gravy Pasta/veg	Herbed chicken Beans/roll	Cheese ravioli Corn	Ham/veg quiche Dinner roll	Lemon pepper cod Gr salad/roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Waffles/topping Scrambled eggs S-berry ice cream Milk/Coffee/Tea	Beef stew with potatoes Roasted brussels sprouts Fresh baked cookie Milk/Coffee/Tea	Turkey pot pie Tossed salad/dressing Sunshine jello Milk/Coffee/Tea	Ham and potato casserole Biscuit Ice cream Milk/Coffee/Tea	Tuna salad Country tom salad Crackers Tapioca Milk/Coffee/Tea	Veggie lasagna Broccoli salar Peach fluff Milk/Coffee/Tea	French dip/au jus Tater tots Carrot coin salad Ambrosia Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Sloppy joes/bun Fries/squash	Turkey salad Coleslaw/crackers	Pork choppie Salad/mashers	Crabby patty/bun lett/tom/chips	Shroom/onion quiche tomato salad	Egg salad Salad/roll	Turkey dressing cass Carrots



Spring/Summer
Kim Ayers CDM CFPP

****MENU SUBJECT TO CHANGE****

WEEK 5