

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021

## Activities

					8:30-9:30 Activity Cart 9:30-10:30 Coffee/Cards 10:30 Garden Club 12:00 Pre-Lunch Trivia 1:30 Arts and Crafts 3:00 Board Games 6:00 Movie	<b>1</b>	8:30-9:30 Activity Cart 1:00-1:45 Exercise/Games 2:15 BINGO	<b>2</b>				
8:30-9:30 Activity Cart 1:00 Church Service/chapel 1:00 Seahawks Party	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 12:00 Pre-lunch Trivia 1:30 Ceramics/activity room 6:00 Movie	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12: Pre-lunch Trivia 1:30 BINGO 3:00 Comedy Hour	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12:00 Pre-Lunch Trivia 1:30 Music/Gary Hood 3:00 Special Snack	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12:00 Pre-Lunch Trivia 1:30 Manicures	8:30-9:30 Activity Cart 9:30-10:30 Coffee/Cards 10:30 Garden Club 12:00 Pre-Lunch Trivia 1:30 Arts and Crafts 3:00 Board Games 6:00 Movie	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
8:30-9:30 Activity Cart 1:00 Church Service/chapel	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 12:00 Pre-lunch Trivia 1:30 Ceramics/activity room 6:00 Movie	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12: Pre-lunch Trivia 1:30 BINGO 3:00 Yahtzee	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12:00 Pre-Lunch Trivia 1:30 Music/Karaoke 3:00 Special Snack	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12:00 Pre-Lunch Trivia 1:30 Manicures 2:00 Flower arranging	8:30-9:30 Activity Cart 9:30-10:30 Coffee/Cards 10:30 Garden Club 12:00 Pre-Lunch Trivia 1:30 Arts and Crafts 3:00 Board Games 6:00 Movie	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
8:30-9:30 Activity Cart 1:00 Church Service/chapel	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 12:00 Pre-lunch Trivia 1:30 Ceramics/activity room 6:00 Movie	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12: Pre-lunch Trivia 1:30 BINGO 3:00 Travel Club	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12:00 Pre-Lunch Trivia 1:30 Music/Windfall 3:00 Special Snack	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12:00 Pre-Lunch Trivia 1:30 Manicures 2:00 Pumpkin Decorating	8:30-9:30 Activity Cart 9:30-10:30 Coffee/Cards 10:30 Garden Club 12:00 Pre-Lunch Trivia 1:30 Arts and Crafts 3:00 Board Games 6:00 Movie	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
8:30-9:30 Activity Cart 1:00 Church Service/chapel	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 12:00 Pre-lunch Trivia 1:30 Ceramics/activity room 6:00 Movie	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12: Pre-lunch Trivia 1:30 BINGO Store 3:00 Men's Club	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12:00 Pre-Lunch Trivia 1:30 Music/Gary Hood 2:30 Resident Council 3:00 Special Snack	8:30-9:30 Activity Cart 9:30-10:30 Coffee Hour/Cards 10:30-11:30 Exercise/Games 12:00 Pre-Lunch Trivia 1:30 Manicures Pumpkin contest judging all day	8:30-9:30 Activity Cart 9:30-10:30 Coffee/Cards 10:30 Garden Club 12:00 Pre-Lunch Trivia 1:30 Arts and Crafts 3:00 Board Games 6:00 Movie	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
8:30-9:30 Activity Cart 1:00 Church Service/chapel 1:00 Seahawks Game	All activities take place in the 3 <sup>rd</sup> floor dining room unless otherwise noted. Activity Cart will be brought around to rooms each morning to provide Chronicle, newspaper and supplies for room activities. Beautician here on Thursdays, make appointments with activity staff All activities subject to change, resident participation in group activities allowed according to DOH guidelines. Special snack will be served during musical entertainment, those who do not wish to attend, snack will be delivered to you.											