

Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10/17/2021	10/18/2021	10/19/2021	10/20/2021	10/21/2021	10/22/2021	10/23/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Fruited French Toast Sausage Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Puffs Sliced Ham/Hashbrown Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Eggs Sausage/Country Pot. Fresh Fruit Milk/Coffee/Tea	Juice of choice Fruited Oatmeal Muffin Bacon Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Biscuits & Gravy Sausage Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Coffee Cake Sliced Ham Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Eggs Toast/Hashbrown Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cream of Broccoli	Chicken Noodle	Vegetable	Lentil	Beef Noodle	Clam Chowder	Split Pea
Chicken Cordon Bleu Mashed Potatoes Dilled Baby Carrots Fruit Pie Milk/Coffee/Tea	Sloppy Joe on Bun Green Beans Cherry Nut Cake Milk/Coffee/Tea	3 Cheese Ziti Garlic Toast Peas & Carrots Pumpkin Pie Milk/Coffee/Tea	Chicken Enchiladas Mexican Corn Cheesecake Bars Milk/Coffee/Tea	Pork Kielbasa Skillet Mashed Potatoes Onions & Peppers Oreo Delight Milk/Coffee/Tea	Baked Cod Baked Potato Coleslaw Raspberry Cake Milk/Coffee/Tea	Fried Chicken Potato Salad Corn on the cob Fruit Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Red Beans & Rice Dilled Baby Carrots	Sliced Baked Chicken on Tortellini/Mozz Salad Cucumber Salad	BLT Sandwich Potato Chips	Spinach Manicotti Garlic Toast	Beef Spanish Rice Broccoli	Chicken Brushetta Baked Potato Coleslaw	Apricot Ham Potato Salad Corn on thee Cob
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Swiss Steak Roasted Potatoes Cauliflower Peach Cobbler Milk/Coffee/Tea	Chicken & Dumplings Brussel Sprouts Pudding Parfait Milk/Coffee/Tea	Sweet & Sour Chicken Garden Rice Snow Peas Frosted Brownie Milk/Coffee/Tea	Hamburger Stroganoff Buttered Noodles Garden Salad Lemon Supreme Pie Milk/Coffee/Tea	Vegetable Lasagna Breadstick Homemade Cookies Milk/Coffee/Tea	Hawaiian Pork Steamed Rice Veggie Kabob Boston Crème Pie Milk/Coffee/Tea	Swedish Meatballs Mashed Potatoes Garden Salad Blueberry Pound Cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Italian Sausage w/ Peppers & Onions Roasted Potatoes	Pasta Primavera Garlic Toast	Crab Cake Garden Rice Snow Peas	Monte Cristo Sandwich Raspberry Jam Fruit Cup	Tuna Sandwich Sour Cr/Onion Pot Salad	Chili Dog Casserole Pickled Beets	Cottage Cheese & Fruit Plate Dinner Roll