

# Bethany at Silver Crest

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>6/19/2022</b>	<b>6/20/2022</b>	<b>6/21/2022</b>	<b>6/22/2022</b>	<b>6/23/2022</b>	<b>6/24/2022</b>	<b>6/25/2022</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Cream of wheat Waffle Bacon Scrambled Eggs Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Coffee Cake Sausage Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Apple Pancakes Ham Slice Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Sandwich (Eggs, Sausage Patty, Cheese on Croissant) Hashbrown/Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Cinnamon French Toast Scrambled Eggs Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Hard Boiled Eggs Sausage Hashbrown Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Eggs Bagel w/Cream Cheese Breakfast Ham Fresh Fruit Milk/Coffee/Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Baked Cod Steamed Rice Broccolini  Red,White, Blue Cake Milk/Coffee/Tea	BBQ Chicken Baked Potato Roasted Brussel Sprouts  Strawberry Blondies Milk/Coffee/Tea	Sloppy Joe on Bun Green Bean  Frosted Cake Milk/Coffee/Tea	Pepperoni Pizza Salad w/Dressing  Cream Puffs Milk/Coffee/Tea	Pork Loin Buttered Rice Green Bean  Apple Pie Milk/Coffee/Tea	Beef Stroganoff Egg Noodles Tomato/Onion Salad  Ice Cream Milk/Coffee/Tea	Ham with Pineapple Buttered Noodles Harvard Beets  Fruit Tart Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Monte Cristo Sandwich Raspberry Jam Fruit Cup	Cheese Tortellini Salad Dinner Roll	Vegetable Lasagna Garlic Toast	Fish Taco w/ Tomato & Cabbage Spanish Rice	Ind Chix Pot Pies Creamy Cucumber Sal	Orange Chicken Steamed Rice Tomato/Onion Salad	Cabbage Rolls Buttered Noodles Harvard Beets
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Chicken Enchiladas Refried Beans Corn  Churro Milk/Coffee/Tea	Oven French Toast Sliced Ham Fresh Fruit  Banana Crème Pie Milk/Coffee/Tea	Baked Spaghetti Cauliflower Garlic Toast  Pie Milk/Coffee/Tea	Beef and Broccoli Brown Rice Eggroll  Berry Crisp Milk/Coffee/Tea	Macaroni & Cheese w/ Bacon Sauteed Zucchini  Fruited Jello Milk/Coffee/Tea	Open Face Turkey Sandwich Mash Potato & Gravy Baby Carrots Jello Cake Milk/Coffee/Tea	Beef Lasagna Garlic Toast Brussel Sprouts  Cheesecake Brownie Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Cranberry Meatballs Buttered Noodles Corn	Chicken Tender Wrap Tater Tots Cucumber Salad	Crab Cakes French Fries Coleslaw	Curry Chicken Salad on Croissant Carrot Raisin Salad	Grilled Patty Melt Potato Chips Garden Salad	Tuna Salad Plate Dinner Roll	Broccoli Cheese Quiche Pasta Salad