



Bethany at Silver Crest



Sunday 6/26/2022	Monday 6/27/2022	Tuesday 6/28/2022	Wednesday 6/29/2022	Thursday 6/30/2022	Friday 7/1/2022	Saturday 7/2/2022
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Scrambled Eggs Sausage Muffin Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Waffle w/ Syrup Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Biscuit Sausage Gravy Hashbrown Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French Toast Bacon Scrambled Eggs Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Cinnamon Roll Breakfast Ham Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Pancakes w/Syrup Sausage Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Ham & Cheese Biscuit Hard Boiled Eggs Hashbrown Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
BBQ Pork Sandwich Coleslaw Fruit Crisp Milk/Coffee/Tea	Chix in Red Wine Sauce Mashed Potato Baby Carrots w/Dill Apple Turnovers Milk/Coffee/Tea	Three Cheese Ziti Garlic Toast Salad w/Dressing Cookies Milk/Coffee/Tea	Grilled Ham & Cheese Chips Cucumber Salad Brownies Milk/Coffee/Tea	Baked Herb Chicken Mashed Potato/Gravy Broccoli Salad Ice Cream Milk/Coffee/Tea	Sesame Beef Rice Mixed Vegetables Chocolate PB Cake Milk/Coffee/Tea	Macaroni & Cheese w/ Ham Carrots Strawberry Rhubarb Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chicken Tenders French Fries Coleslaw	Pork Spare Ribs Mashed Potato Baby Carrots w/Dill	Asain Noodle Salad w/ Chicken Egg Roll	Bratwurst & Kraut Pasta Cucumber Salad	California Quiche 3 Bean Salad	Pesto Crusted Fish Mashed Potatoes Mixed Vegetables	Lemon Chicken Buttered Rice Salad w/Dressing
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cob Ham Rice Pickled Beets Peanut Butter Cake Milk/Coffee/Tea	Tater Tot Casserole Broccoli Lemon Bar Milk/Coffee/Tea	Apple Sherry Pork Loin Rice Carrots Frosted Cake Milk/Coffee/Tea	Chili Dog Casserole Onion Rings Salad w/Dressing Fruit Cobbler Milk/Coffee/Tea	Lasagna Breadstick Brussel Sprouts Cupcake Milk/Coffee/Tea	Chicken Fried Chicken Mashed Potatoes Green Beans Fruit Pie Milk/Coffee/Tea	Swedish Meatballs Egg Noodles Peas Ice Cream Sandwich Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Hot Dog on Bun Tater Tots Pickled Beets	Macaroni & Cheese Broccoli	Turkey Salad on Croissant Carrots	Chicken Tenders Onion Rings Salad w/Dressing	Chicken Verde Cass. Refried Beans	Beef Tamale Spanish Rice Green Beans	Egg Salad Sandwich Potato Chips Lettuce/ Tomato