

# Bethany at Silver Lake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/19/2022	6/20/2022	6/21/2022	6/22/2022	6/23/2022	6/24/2022	6/25/2022
	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Cream of wheat Poached egg Biscuit Fresh fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled eggs Cinnamon roll Fresh fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Pancakes/syrup Sausage links fresh fruit Milk/Coffee/Tea	Juice of choice Oatmeal Hard cooked egg Bacon/toast Watermelon Milk/Coffee/Tea	Juice of choice Cream of wheat Yogurt Fruit muffin fresh fruit Milk/Coffee/Tea	Juice of choice Oatmeal Sausage pattie Toast/jelly Banana Milk/Coffee/Tea	Juice of choice Cream of wheat Breakfast ham Biscuit fresh fruit Milk/Coffee/Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pineapple ham Au Gratin potatoes Gr. Beans/craisins Dinner roll Donut holes Milk/Coffee/Tea	Chicken-N-dumplings Mixed vegetables Dinner roll  Ice cream cup Milk/Coffee/Tea	Hot dog/bun Onions/relish Sunshine coleslaw  Orange fluff Milk/Coffee/Tea	Apple glazed pork loin Tossed green salad Steamed broccoli Biscuit Michelle's fruit crisp Milk/Coffee/Tea	Chicken drumsticks Mashers/gravy Spinach salad/mandarins Dinner roll Frosted brownie Milk/Coffee/Tea	Hearty ham&beans Steamed rice Country cabbage Cornbread Cinnamon pears Milk/Coffee/Tea	Chicken parmesan Pasta italiano Green beans Garlic toast Frosted cake Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Cheese ench. Cass. Green beans/craisins	Tuna sandwich lett/tom/chips	Egg salad Potato salad/c-bread	Dilled cod loin Mashers/veggies	Baked spud/chili&ch Veggies	Chef's fish rice/cabbage	Hamburger casserole Veggies
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Waffles w/topping Sausage links  Watermelon Milk/Coffee/Tea	Ham salad sandwich Tomato spoon salad  Van/strawberry swirl Milk/Coffee/Tea	Macaroni & cheese Stewed tomatoes Cornbread  Fruit pie Milk/Coffee/Tea	Paprika chicken Buttered rice Veggie blend Dinner roll Jello jewels Milk/Coffee/Tea	Un-stuffed peppers Garlic biscuit Tossed salad  strawberry shortcake Milk/Coffee/Tea	BBQ meatballs Over pasta Veggie salad Dinner roll Rice krispie treat Milk/Coffee/Tea	Brown sugar ham Cheesy mashers Buttered carrots Cornbread Fresh baked cookie Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Asian chicken salad Soup/crackers	Chef's choice fish Toms/rice	Peanut butter/jelly sand. Green salad/dressing	Turkey sandwich with lettuce/tomato/chips	Vegetable quiche Tossed salad	Bean/cheese burrito Veggie blend	Gr salad w/turkey Chef's choice soup

Fall/Winter Menus.....Kim  
Ayers CDM CFPP

**\*\*MENU SUBJECT TO CHANGE\*\***

Week 2