



Bethany at Silver Crest



Sunday 7/31/2022	Monday 8/1/2022	Tuesday 8/2/2022	Wednesday 8/3/2022	Thursday 8/4/2022	Friday 8/5/2022	Saturday 8/6/2022
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Pancakes w/ Syrup Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Muffin Scrambled Eggs Breakfast Ham Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat HB Egg Sausage Hashbrown Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Veggie Scramble Wheat Toast Breakfast Ham Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Biscuit Sausage Gravy Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cinnamon French Toast Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Eggs Sausage Toast Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hamburger Lettuce/Tomato/Onion Tater Tots Red, White, Blue Dessert Milk/Coffee/Tea	Ginger Chicken Buttered Rice Carrots Ice Cream Milk/Coffee/Tea	White Lasagna Breadstick Salad w/Dressing Tenn. Peach Cobbler Milk/Coffee/Tea	Cabbage Rolls Harvard Beets White Choc-Raspberry Delight Milk/Coffee/Tea	Beef Chimi Refried Beans Salsa/Sour Cream Hawaiian Wedding Cake Milk/Coffee/Tea	Stuffed Chicken Mashed Potato Carrots Strawberry Shortcake Dessert Milk/Coffee/Tea	Honey Pecan Pork Loin Mashed Potato Broccoli Cookies Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Hot Dog Chopped Onion & Relish Tater Tots	Macaroni & Cheese Carrots	Three Bean Bacon Salad Garlic Toast	Chef Salad Garlic Toast	Tortellini Spinach Salad Garlic Toast	Rockfish Mashed Potato Carrots	Lemon Pepper Cod Tater Tots Garden Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Tuna Noodle Casserole Buttered Corn Cookies Milk/Coffee/Tea	Pork Loin Apple Stuffing Broccoli Fruited Jello Milk/Coffee/Tea	Fish & Chips Coleslaw Carrot Cake Milk/Coffee/Tea	Herb Baked Chicken Herbed Pasta Peas Lemon Merigue Pie Milk/Coffee/Tea	Vegetable Lasagna Garlic Toast Apple Crisp Milk/Coffee/Tea	Spaghetti w/Meat Sauce Peas Pudding Parfait Milk/Coffee/Tea	Cranberry Meatballs Pasta Brussel Sprouts Ice Cream Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Bean & Cheese Burrito Spanish Rice Corn	Ind. Shepards Pie Broccoli	Chicken Enchiladas Refried Beans	Meatball Sub Peas	Ham Sandwich Chips/Lettuce/Tomato Fruit Cup	Greek Pasta Salad Dinner Roll	Chicken Salad & Fruit Plate Dinner Roll