

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|---|
| 7/14/2022 | 7/15/2022 | 7/16/2022 | 7/17/2022 | 7/18/2022 | 7/19/2022 | 7/20/2022 |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Juice of choice Oatmeal Poached egg Donut holes Fresh fruit Milk/Coffee/Tea | Juice of choice Cream of wheat breakfast ham Biscuit Fresh fruit Milk/Coffee/Tea | Juice of choice Oatmeal French toast/syrup Sausage patty Fresh fruit Milk/Coffee/Tea | Juice of choice Cream of wheat Hard cooked egg Toast/jelly Fresh fruit Milk/Coffee/Tea | Juice of choice Oatmeal scrambled/salsa Biscuit Fresh fruit Milk/Coffee/Tea | Juice of choice Cream of wheat Yogurt Muffin Fruity fresh fruit Milk/Coffee/Tea | Juice of choice Oatmeal Sausage Cheesy biscuit Fresh fruit Milk/Coffee/Tea |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Chicken/cheese enchalida casserole Veggie blend Mini cheese nachos Frosted cake Milk/Coffee/Tea | Swedish meatballs over mashers Green beans/craisins Dinner roll A cool cookie Milk/Coffee/Tea | Seasoned chicken Seasoned pasta Brown sugar carrots Dinner roll Cream pie Milk/Coffee/Tea | Golden pork choppie Steamed rice Cheesy broccoli Cornbread EZ peanut butter fudge Milk/Coffee/Tea | Salisbury steak/gravy Mashers/gravy Green salad/dressing Dinner roll Brown sugar cake Milk/Coffee/Tea | Chef's choice chicken Seasoned stuffing Ranch beet salad Buttery biscuit Rice pudding Milk/Coffee/Tea | Sweet/sour meatballs Steamed rice Veggie blend Dinner roll Assorted desserts Milk/Coffee/Tea |
| Alternate | Alternate | Alternate | Alternate | Alternate | Alternate | Alternate |
| Spinach ravioli Veggie blend | Broc cheese cass Gr. Beans/roll | Bean & cheese burrito Spanish rice | Chef's choice chicken rice/veggies/roll | Seasoned fish Roll/salad | Ham&cheese sand Salad/biscuit | Veggie cheese quiche Dinner roll |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Cheeseburger Relish plate tot triangles Just jello Milk/Coffee/Tea | Egg salad sandwich Green salad with dressing Juicy watermelon Milk/Coffee/Tea | BBQ pork/bun Tot triangles Spinach/onion salad Bread pudding Milk/Coffee/Tea | Sausage pizza Pasta salad Garlic bread Cinnamon pears Milk/Coffee/Tea | Grilled cheese sandwich Basil tomato soup Crackers Pudding parfait Milk/Coffee/Tea | Taco salad/over chips Spanish rice lettuce/tomato/olives salsa/sour cream Fruit fluff Milk/Coffee/Tea | Ham and potato cass. Vegetable medley Cornbread Sunshine jello Milk/Coffee/Tea |
| Alternate | Alternate | Alternate | Alternate | Alternate | Alternate | Alternate |
| Turkey&cheese sand relish plate/chips | Tuna salad sandwich Green salad | Peanut butter&jelly sand spinach salad | Chicken salad sand Pasta salad | Diced honey ham cass Soup/crackers | Cheese ravioli toss salad/roll | Turkey sandwich lett/soup |

Fall/Winter menu
Kim Ayers CDM CFPP

****MENU SUBJECT TO CHANGE****



WEEK 5

AVAILABLE DAILY HOUSE SALADS

SUN=CHICKEN MON=HAM

TUES=CHICKEN CAESAR WED=TURKEY

THURS=CHICKEN

FRI=HAM

SAT=TURKEY

ALWAYS AVAILABLE:

**CHICKEN BREAST PATTY, HAMBURGER PATTY. BOTH ITEMS INCLUDE DAILY STARCH/VEGGIE/AND BREAD SIDES
LUNCH AND DINNER ONLY**