

BETHANY AT SILVER LAKE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8/7/2022	8/8/2022	8/9/2022	8/10/2022	8/11/2022	8/12/2022	8/13/2022
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Poached egg Danish Fresh fruit Milk/Coffee/Tea	Juice of choice Oatmeal Biscuit/gravy Sausage links Fresh fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Breakfast ham Toast/jelly Fresh fruit Milk/Coffee/Tea	Juice of choice Oatmeal Hard cooked egg Donut holes Banana Milk/Coffee/Tea	Juice of choice Cream of wheat Scram/gr. Onion Toast/jelly Fresh fruit Milk/Coffee/Tea	Juice of choice Oatmeal Pancakes/syrup Bacon Fresh fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scramble w/cheese Muffin Fresh fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Open face turkey sand Mashed potatoes/gravy Carrots w/ onions Whipped jello Milk/Coffee/Tea	Smothered beef patty Seasoned pasta Green peas Dinner roll Emerald pears Milk/Coffee/Tea	Sweet and sour pork over rice cornbread Asian blend veggies Orange fluff Milk/Coffee/Tea	BBQ chicken Italian coleslaw Carrots Dinner roll Watermelon wedge Milk/Coffee/Tea	Seasoned pork choppie Capri veggies Sour cream mashers Dinner roll Chocolate éclair Milk/Coffee/Tea	Tarragon chicken Spinach shroom parm pasta Garlic toast jello w/marshmallows Milk/Coffee/Tea	Macaroni and cheese Beans that are green Dinner roll Orange chiffon cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chef's choice fish Potato/veggie	Egg salad sandwich lett/tom/chips	Chef's choice fish rice/veg/c-bread	Ham sandwich Lett/tom/chips	crabby patty veggie/mashers/roll	Gr salad w/ham Dinner roll	Chef's choice fish pasta/veg/roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cran glazed ham Buttered orzo Green beans Cornbread Cookie Milk/Coffee/Tea	Chef's choice chicken Sweet potatoes Creamy coleslaw Biscuit Pudding Milk/Coffee/Tea	Waffles w/topping Scrambled eggs Breakfast ham Assorted desserts Milk/Coffee/Tea	Vegetable quiche Buttered carrots Dinner roll Banana pudding Milk/Coffee/Tea	Mouth watering meaty spaghetti/pasta Glazed carrots Garlic bread Peaches and cream Milk/Coffee/Tea	Chili bowl with cheese and onions Green salad/crackers Cornbread Fruit crisp Milk/Coffee/Tea	Derek's GR beef stroganoff over pasta Veggie blend Dinner roll Butterscotch pudding Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Asian chix salad soup/crackers/chips	Peanut butter/jelly sand coleslaw	Grilled chix pita pocket Black bean salsa soup	Beefy tomato casserole Veg blend	Cottage cheese/fruit Dinner roll	Garlic chicken salad Salad/crackers	Egg salad/pita pocket Red hummus/veg salad