

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/25/2022	9/26/2022	9/27/2022	9/28/2022	9/29/2022	9/30/2022	10/1/2022
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Oatmeal Poached egg Donut holes Fresh fruit Milk/Coffee/Tea	Juice of choice Cream of wheat breakfast ham Biscuit Fresh fruit Milk/Coffee/Tea	Juice of choice Oatmeal French toast/syrup Sausage patty Fresh fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Hard cooked egg Toast/jelly Fresh fruit Milk/Coffee/Tea	Juice of choice Oatmeal scrambled/salsa Biscuit Fresh fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Yogurt Muffin Fruity fresh fruit Milk/Coffee/Tea	Juice of choice Oatmeal Sausage Toast/jelly Fresh fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken/cheese enchalida casserole Veggie blend Mini cheese nachos Frosted cake Milk/Coffee/Tea	Swedish meatballs over rice Green beans/craisins Dinner roll A cool cookie Milk/Coffee/Tea	Seasoned chicken Seasoned pasta Brown sugar carrots Dinner roll Cinnamon peaches Milk/Coffee/Tea	Chopped steak/peppers Roasted red potatoes Stewed tomatoes Dinner roll EZ peanut butter fudge Milk/Coffee/Tea	Baked glazed ham Seasoned pinto beans eggie medley Dinner roll Brown sugar cake Milk/Coffee/Tea	Chef's choice chicken Parslied pasta Ranch beet salad Buttery biscuit Rice pudding Milk/Coffee/Tea	Grape jelly meatballs Steamed rice Veggie blend Dinner roll Assorted desserts Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Spinach ravioli Veggie blend	Broc cheese cass Gr. Beans/roll	Bean & cheese burrito Spanish rice	Seasoned fish pots/toms/roll	Veggie cheese quiche green salad/roll	Egg salad sandwich Beet salad	Chicken Nuggets rice/veggie/roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Egg salad sandwich zesty veggie salad Fruit fluff Milk/Coffee/Tea	Grilled cheese sand Basil tomato soup Crackers Juicy watermelon Milk/Coffee/Tea	Ground pork hot dish with potatoes cheesy broccoli cornbread Bread pudding Milk/Coffee/Tea	mushroom chicken Steamed rice Mixed veggies Dinner roll Cinnamon pears Milk/Coffee/Tea	Beef pot pie Capri veggies Dinner roll Pudding parfait Milk/Coffee/Tea	Creamed turkey over rice Green peas/red peppers Dinner roll Fruit fluff Milk/Coffee/Tea	Chicken salad sandwich Carrot coin salad Sunshine jello Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Tuna salad Veg salad/roll	Turkey salad/roll salad/soup	PB&J sandwich Chef's soup/gr. Salad	Tuna sandwich Pasta salad	Cottage cheese/fruit Dinner roll	Ham salad pea salad/roll	Turkey sandwich Carrot coin salad

****MENU SUBJECT TO CHANGE****



WEEK 5

Kim Ayers CDM CFPP

AVAILABLE DAILY HOUSE SALADS

SUN=CHICKEN MON=HAM

TUES=CHICKEN CAESAR WED=TURKEY

THURS=CHICKEN

FRI=HAM

SAT=TURKEY

ALWAYS AVAILABLE:

CHICKEN BREAST PATTY.HAMBURGER PATTY. BOTH ITEMS INCLUDE DAILY STARCH/VEGGIE/AND BREAD SIDES

LUNCH AND DINNER ONLY