

Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/20/2022	11/21/2022	11/22/2022	11/23/2022	11/24/2022	11/25/2022	11/26/2022
Breakfast	Breakfast	Breakfast	Breakfast	Happy Thanksgiving!	Breakfast	Breakfast
Juice of choice Cream of Wheat Bagels Cream cheese Scrambled Eggs Milk/Coffee/Tea	Juice of choice Oatmeal Pumpkin Pancakes Sausage Hard Boiled Egg/ Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Yogurt Parfait Croissant Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheesy Eggs Breakfast Ham Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Veggie Quiche Cran. Orange Muffin Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Veggie and diced ham scramble Hashbrowns Fruit	Juice of choice Cream of Wheat French Toast Bacon Fresh Fruit
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Apricot Glazed Ham Au gratin Potatoes Baby Carrots Lemon Meringue Pie	Fried Chicken Mashed Potatoes & Gravy Mixed Veg, Peanut Butter Cookie	Baked Ziti Tossed Salad Garlic Bread Éclair	Bruschetta Chicken Bake Chuckwagon Corn Fruit Crisp	Roasted Turkey Homestyle Stuffing Green Bean Casserole Roll Pumpkin Pie	Italian Sausage & Peppers Over Pasta Cauliflower Rice Krispie Bar	Lemon Pepper Cod Roasted Potatoes Broccoli Choc. Cream Pie
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chicken Tenders Potato Salad Baby Carrots	Bean & Cheese Burrito, Spanish Rice Mixed Veg	Crab Cake Rice Pilaf Broccoli	Fish & Chips Coleslaw	French Dip Green Beans	Tortellini Salad Creamy Cucumber Salad	Bratwurst w/ sauerkraut on bun Baked Beans
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Spaghetti Green Salad Garlic Bread Churro Milk/Coffee/Tea	Creamy Mac & Cheese Sauteed Zucchini Frosted Cake Milk/Coffee/Tea	Homestyle Chili Cornbread Broccoli/Cauliflower Choc. Chip Cookie Milk/Coffee/Tea	Sloppy Joes Tator Tots Green Beans Ice Cream Milk/Coffee/Tea	Grilled Cheese Mixed Green Salad Tapioca Pudding Milk/Coffee/Tea	Pepperoni Pizza Green Salad Apple Pie Milk/Coffee/Tea	Chicken Cordon Blue Mashed Potatoes & Gravy Peas & Carrots Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Veg. Cheese Quiche Broccoli	Cottage Cheese & Fruit Plate Roll	Corned Beef Sandwich Lettuce/Tomato Chips	Turkey & Swiss Sandwich Side Salad	Chicken Salad Sand On Croissant Mixed Green Salad	Egg Salad Sandwich Lettuce/Tomato Slice Chips	BBQ Pork French Fries Coleslaw