

Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/5/2023	3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023	3/11/2023
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of Wheat Cheesy Eggs Sausage Links/Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Pancakes Canadian Bacon Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Hard Boiled Egg Bacon & Raisin Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Burritos w/sausage, egg & cheese. Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Western Omelet Blueberry Muffin Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Veggie Scramble Sausage links Toast Milk/Coffee/Tea	Juice of choice Cream of Wheat Waffle Bacon Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Baked Ham Au Gratin Potatoes Buttered corn Chocolate Chip Cookie	Cheese Ravioli Green Salad Garlic Bread Butterscotch Pudding	Meatloaf Mashed Potatoes & Gravy Baby Carrots Cheesecake Cup	Bruschetta Chicken Casserole Chuckwagon Corn Pumpkin Pie	Stuffed Florentine Fish Herbed Rice Cauliflower Lemon Cake	Turkey Burger on bun w/lettuce tomato, onion French Fries Brownie	Chicken Tenders Potato Salad Baby Carrots Ambrosia
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Fish & Chips Coleslaw	Krab Cake Rice Pilaf Broccoli	BBQ Pulled Chicken On Bun/ Coleslaw Baked Beans	Tortillini Salad Roll	Bean & Cheese Burritos Spanish Rice, Corn	French Dip Green Beans	Cottage Cheese & Fruit Plate Roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Pepperoni Pizza Green Salad Rainbow Sherbet Milk/Coffee/Tea	Sloppy Joe Tator Tots Beets Frosted Cake Milk/Coffee/Tea	Teriyaki Pork Steamed Rice Green Beans Ice Cream Milk/Coffee/Tea	Homemade Chili w/cheese and onion Corn Muffin Tapioca Pudding Milk/Coffee/Tea	Sheperd's Pie Broccoli Garlic Bread Fruited Jello Milk/Coffee/Tea	BBQ Chicken sour cream mashed potatoes Mixed Veg. Apple Pie Milk/Coffee/Tea	Hot Dog on bun Baked Beans Coleslaw Sugar Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cottage Cheese & Fruit Plate Roll	Turkey & Cheese Sandwich Salad & Chips	Egg Salad Sandwich Lettuce, Tomato Chips	Chicken Salad On Croissant Green Salad	Cheese Stuffed Shells Baby Carrots Garlic Bread	Tuna Sandwich 3 bean salad	Vegetable Lasagna Mixed Veg Bread Stick

*****MENU IS SUBJECT TO CHANGE****

Week 5