



Bethany at Silver Crest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5/21/2023	5/22/2023	5/23/2023	5/24/2023	5/25/2023	5/26/2023	5/27/2023
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Danish Hard Boiled Egg Bacon/Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Fruit & Yogurt Parfait Croissant Milk/Coffee/Tea	Juice of choice Cream of wheat Cheese Omelet Sausage Links Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Mini Pancake Breakfast Sand.w/sausage,egg & cheese. Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Cheesy Eggs Raspberry white chocolate chip muffin Fruit	Juice of choice Oatmeal French Toast Canadian Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Cinnamon Roll Scrambled Eggs/Ham Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Dijon Chicken Au Gratin Potatoes Green Beans Ambrosia Milk/Coffee/Tea	Macaroni & Cheese Crinkle cut carrots Chocolate Cake Milk/Coffee/Tea	Meatloaf Baked Potato w/Sour Cream Beets Vanilla Pudding Milk/Coffee/Tea	Salisbury Steak Mashed Potatoes w/mushroom Gravy Mixed Vegetable Sugar Cookie Milk/Coffee/Tea	Chicken Tenders Tator tots Sauteed Zucchini Rice Krispie Treat Milk/Coffee/Tea	Herbed Pork Loin Mashed Potatoes w/gravy Cauliflower w/cheese Ice Cream Milk/Coffee/Tea	Chicken Cordon Bleu Oven Potatoes Mixed Vegetable Brownie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Bean & Cheese Burrito Spanish Rice Corn	Spinach Salad w/chicken & Raspberry Vinegrette/ Roll	Tuna Casserole Buttered Peas & Carrots	Chicken Verde Cass. Buttered Corn	French Dip Sandwich w/Au Jus Green Salad	Fish & Chips Coleslaw	Stuffed Bell Pepper Carrots Roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Pepperoni Pizza Green Salad Ice Cream Cup Milk/Coffee/Tea	Grilled Chicken Sandwich Lett/Tom/Onion French Fries Cookies Milk/Coffee/Tea	Bacon & Onion Quiche 3 bean salad Roll Watermelon Milk/Coffee/Tea	Baked Spaghetti Garlic Bread Green Salad Chocolate Cream Pie Milk/Coffee/Tea	Baked Ham Au Gratin Potatoes Baby Carrots Jello Milk/Coffee/Tea	Chicken Alfredo Fettucini Broccoli Mandrin Orange parfait Milk/Coffee/Tea	Swedish Meatballs Mashed Potato Green Beans Cookies Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cottage Cheese & Fruit Plate Roll	Fish Fillet Steamed Rice Broccoli	Turkey w/ Cheese Sand. Green Salad Chips	Egg Salad Sandwich Green Salad	Pasta Primavera Garlic Toast	Tuna Salad Sandwich 3 bean salad	Turkey Roll Up w/ Cranberry cream cheese Green Salad