



Bethany at Silver Crest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/4/2023	6/5/2023	6/6/2023	6/7/2023	6/8/2023	6/9/2023	6/10/2023
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Bagel w/cream cheese Cheesy Eggs Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Pancakes Ham Slice Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Fruit & Yogurt Parfait Croissant Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Sandwich (Egg, Sausage, Cheese) on biscuit Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Breakfast Burrito Oven Potatoes Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cinnamon French Toast Scrambled Eggs Canadian Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Veggie Scramble Danish Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Applewood Ham Baked Potato w/sour cream Blend Veg. Ambrosia Milk/Coffee/Tea	Creamy Mac & Cheese Brussel Sprouts Vanilla Pudding Milk/Coffee/Tea	Polish Sausage Oven Potatoes Beets Chocolate Cake Milk/Coffee/Tea	Sloppy Joe on bun Tator Tots Green Beans Cream Puff Milk/Coffee/Tea	Fajita Chicken Casserole Buttered Corn Sugar Cookie Milk/Coffee/Tea	Seasoned chicken thighs Mashed Potatoes & Gravy Mixed Vegetable Raspberry Churro Milk/Coffee/Tea	Fish & Chips Coleslaw Lemon Cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Tuna Salad Sandwich 3 bean Salad	French Dip Green Beans	Cheesy bowtie pasta Beets	Chicken Salad On Croissant Carrot Raisin Salad	Cheese Tortellini Salad Dinner Roll	Ham & Cheese Sandwich Green Salad	Cabbage Roll Baby Carrots Roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salisbury Steak Mashed Potatoes Stewed Tomatoes Cookie Milk/Coffee/Tea	Pepperoni Pizza Green Salad Orange Jello w/mandrins Milk/Coffee/Tea	Spaghetti w/meat sauce Steamed Broccoli Garlic Bread Choc chip cookie Milk/Coffee/Tea	Homestyle Chili w/cheese & onions Corn Muffin Apple Pie Milk/Coffee/Tea	Terriaki Pork Loin Buttered Rice Broccoli Ice Cream Cup Milk/Coffee/Tea	Beef Stir Fry w/yakisoba Spring Roll Strawberry Cream Pie Milk/Coffee/Tea	Cheeseburger Mac & Cheese Blend Veg. Frosted Brownie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chicken Tendar Wrap Coleslaw	BBQ pulled chicken on bun Green Salad	Bacon Onion Quiche 3 bean salad Roll	Tuna Salad Sandwich Green Salad	Cottage Cheese & Fruit Plate Roll	Veg. Lasagna Garlic bread Salad	Sausage, Pepper, Onion Potato Skillet Garlic Toast