

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2023 Activities

						8:30 Activity Cart Rounds <b>1</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Memorial for Nola 2:30 Manicures	8:30 Activity Cart Rounds <b>2</b> 10:30 Exercise/Games 1:30 BINGO 6:00 Movie
8:30 Activity Cart Rounds <b>3</b> 10:30 Dixie Dog Visits 1:00 Church Service 2:00 Pie Social	8:30 Activity Cart Rounds <b>4</b> 9:30 Coffee Hour 11:45 Trivia/Word Games 1:30 Ceramics 3:00 Board Games	8:30 Activity Cart Rounds <b>5</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 BINGO 3:00 Fresh Air Stroll	8:30 Activity Cart Rounds <b>6</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Arts/Crafts 6:00 Movie	8:30 Activity Cart Rounds <b>7</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Music with Doug 4:00 BINGO with Thom	8:30 Activity Cart Rounds <b>8</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Manicures	8:30 Activity Cart Rounds <b>9</b> 10:30 Exercise/Games 1:30 BINGO 6:00 Movie	
8:30 Activity Cart Rounds <b>10</b> 10:30 Dixie Dog Visits 1:00 Church Service 1:25 Seahawks Game 2:00 Pizza	8:30 Activity Cart Rounds <b>11</b> 9:30 Coffee Hour 11:45 Trivia/Word Games 1:30 Music/Gary Hood 3:00 Board Games	8:30 Activity Cart Rounds <b>12</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 BINGO 2:30 Resident Council	8:30 Activity Cart Rounds <b>13</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Food Bank Projects 6:00 Movie	8:30 Activity Cart Rounds <b>14</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Shopping Trip/Target 4:00 BINGO with Thom	8:30 Activity Cart Rounds <b>15</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Manicures	8:30 Activity Cart Rounds <b>16</b> 10:30 Exercise/Games 1:30 BINGO 6:00 Movie	
8:30 Activity Cart Rounds <b>17</b> 10:30 Dixie Dog Visits 1:00 Church Service 2:00 Pizza	8:30 Activity Cart Rounds <b>18</b> 9:30 Coffee Hour 11:45 Trivia/Word Games 1:30 Ceramics 3:00 Board Games	8:30 Activity Cart Rounds <b>19</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 BINGO 3:00 Fresh Air Stroll	8:30 Activity Cart Rounds <b>20</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Flower Arranging 6:00 Movie	8:30 Activity Cart Rounds <b>21</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Music with Kelly/Birthday Party 4:00 BINGO with Thom	8:30 Activity Cart Rounds <b>22</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Manicures	8:30 Activity Cart Rounds <b>23</b> 10:30 Exercise/Games 1:30 BINGO 6:00 Movie	
8:30 Activity Cart Rounds <b>24</b> 10:30 Dixie Dog Visits 1:00 Church Service 1:05 Seahawks Game 2:00 Pizza	8:30 Activity Cart Rounds <b>25</b> 9:30 Coffee Hour 11:45 Trivia/Word Games 1:30 Ceramics 3:00 Board Games	8:30 Activity Cart Rounds <b>26</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 BINGO Store 3:00 Fresh Air Stroll	8:30 Activity Cart Rounds <b>27</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 4:00 special Dinner 6:00 Movie	8:30 Activity Cart Rounds <b>28</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Food Bank Projects 4:00 BINGO with Thom	8:30 Activity Cart Rounds <b>29</b> 9:30 Coffee Hour 10:30 Exercise/Games 11:45 Trivia/Word Games 1:30 Manicures	8:30 Activity Cart Rounds <b>30</b> 10:30 Exercise/Games 1:30 BINGO 6:00 Movie	

Schedule subject to change. Group activities held in 3<sup>rd</sup> Dining room except Church and exercise are in the Chapel. Beautician appts available 2<sup>nd</sup> and 4<sup>th</sup> Sunday- Schedule appts through activities dept. Activity cart supplies: books, magazines, puzzles, CD players and other room activities available 24/7 and during cart rounds. 6:00 movie, by request. Activity dept team: Julie, Kay, Teresa, Riley Rabbit, and Dixie Dog. 425-551-6310