



Bethany at Silver Crest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/17/2023	9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023	9/23/2023
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Blueberry Bagel w/cream cheese Cheesy Eggs Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Pancakes Sausage Links Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Fruit & Yogurt Parfait Croissant Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Sandwich Sausage, Egg & Cheese on biscuit Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Eggs Benedict Potato Cubes Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cinnamon French Toast Scrambled Eggs Canadian Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Veggie Scramble Danish Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Applewood Ham Baked Potato w/sour cream Blend Veg. Ice Cream Milk/Coffee/Tea	Sloppy Joe on bun Tator Tots Green Beans Butterscotch Pudding Milk/Coffee/Tea	Polish Sausage Oven Potatoes Beets Cheesecake Cup Milk/Coffee/Tea	Orange Chicken Steamed Rice Broccoli Apple Crisp Milk/Coffee/Tea	Fajita Chicken Casserole Buttered Corn Brownie Milk/Coffee/Tea	BBQ Chicken Potato Wedges Crinkle Cut Carrots Cookie Milk/Coffee/Tea	Fish & Chips Coleslaw Lemon Cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Tuna Salad Sandwich 3 bean Salad	Turkey & Swiss Sandwich Green Salad	Crispy Shrimp Seasoned Fries Coleslaw	French Dip Broccoli	Cottage Cheese & Fruit Plate Roll	Ham & Cheese Sandwich Green Salad	Bean & Cheese Burrito Spanish Rice, Corn
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salisbury Steak w/mushroom Gravy Mashed Potatoes Steamed Broccoli Sugar Cookie Milk/Coffee/Tea	Chicken Tendars Potato Salad Baby Carrots Watermelon Milk/Coffee/Tea	Meatloaf Mashed Potatoes & Gravy Blend Veg Fruited Jello Milk/Coffee/Tea	Stuffed Fish Augratin Potatoes Green Beans Frosted Cake Milk/Coffee/Tea	Terriaki Pork Loin Buttered Rice Blend Veg Ice Cream Cup Milk/Coffee/Tea	Beef Stir Fry w/yakisoba Spring Roll Strawberry Cream Pie Milk/Coffee/Tea	Sausage, Pepper Onion, Potato Skillet Blend Veg. Chocolate Mousse Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
BBQ pulled chicken on bun Green Salad	Creamy Mac & Cheese Brussel Sprouts	Mushroom, Swiss Quiche 3 bean salad	Deviled Eggs Green Salad Roll	Beef Enchilada Blend Veg	Cheese Pizza Green Salad	Chicken Salad on Croissant Carrot Raisin Salad

*****MENU IS SUBJECT TO CHANGE****