



Bethany at Silver Crest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/24/2023	9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023	9/30/2023
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Pancakes Bacon Hard Boiled Eggs Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Fruit & Yogurt Parfait Croissant Milk/Coffee/Tea	Juice of choice Cream of wheat Biscuits w/ Sausage Gravy Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheese Omelet Spam Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Breakfast Burrito (Steak, Egg & Cheese) Cinn./Sugar Donut Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheesy Eggs Bacon Raisin Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Hard Boiled Egg Sausage Links Toast Fresh Fruit Milk/Coffee/Tea
Lunch	Mexican Day!	Sports Day!	Hawaiian Day!	Fair Day!	BBQ Day!	Lunch
Cheesy Broccoli Rice Casserole w/chicken Buttered Corn Cookie Milk/Coffee/Tea	Taco Casserole Chuckwagon Corn Churro Milk/Coffee/Tea	Hot Dogs On Bun Potato Salad Coleslaw Ice Cream Cup Milk/Coffee/Tea	Hawaiian Meatballs Buttered Rice Peas & Carrots Pineapple Upside Down Cake	Corn Dogs Corn on the Cob Battered Pickle Chips Indian Fry Bread Milk/Coffee/Tea	Hamburgers on bun Lettuce/Tomato/Onion Baked Beans Chips/Soda Watermelon Milk/Coffee/Tea	Chicken Stir Fry w/yakisoba noodle Spring roll Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Roast Beef Sandwich Salad & Chips	Bean & Cheese Burrito Spanish Rice Chuckwagon Corn	Pulled Pork Sliders Coleslaw	Hawaiian Chicken Buttered Rice Peas & Carrots	Popcorn Chicken Corn on the Cob Jo-Jo's	Bratwurst on bun Baked Beans Chip/Soda	Ham & Cheese Sand. Green Salad Chips
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Mango Chicken Legs Maple Sweet Potato Cubes Green Beans Ice Cream Sandwich Milk/Coffee/Tea	Fish & Chips Coleslaw Watermelon Milk/Coffee/Tea	Spaghetti w/meat sauce Green Salad Garlic Toast Milk/Coffee/Tea	Hawaiian Pizza Green Salad Rainbow Sherbet Milk/Coffee/Tea	Applewood Ham Au Gratin Potatoes Brussel Sprouts Jello w/Mandrins Milk/Coffee/Tea	Chicken Tendars & Onion Rings Coleslaw Peanut Butter Chip Brownies	Unstuffed Bell Pepper Casserole Glazed Baby Carrots Apple Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Veg.Tortellini Salad Roll	Egg Salad Sandwich Green Salad	Spinach Salad w/Chicken & Raspberry Vinegrette Roll	Grilled Cheese Sand. Green Salad	Tuna Salad Sandwich w/ lettuce & Tomato Chips	Beef Enchiada Green Salad	Cheese Ravioli Mixed Veg. Roll

Spring/Summer 2023

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Week 4

Shanna Brandt Dietary Manager

*****MENU IS SUBJECT TO CHANGE****