

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023 Activities

			<p>8:30 Activity Cart Rounds <b>1</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games with Riley Rabbit</p> <p>11:45 Music Appreciation</p> <p>1:30 Arts/Crafts Studio</p> <p>6:00 Movie</p>	<p>8:30 Activity Cart Rounds <b>2</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 YouTube/Animal Companions</p> <p>1:30 Music/Doug</p> <p>4:00 BINGO w/Thom</p>	<p>8:30 Activity Cart Rounds <b>3</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:30 Drum Circle</p> <p>1:30 Manicures</p>	<p>8:30 Activity Cart Rounds <b>4</b></p> <p>10:30 Exercise/Active Games</p> <p>1:30 BINGO</p> <p>6:00 Movie</p>
<p>8:30 Activity Cart Rounds <b>5</b></p> <p>10:30 Dixie Dog Visits</p> <p>1:00 Church Service</p> <p>2:00 Pizza</p>	<p>8:30 Activity Cart Rounds <b>6</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 Youtube/Senior Citizens got Talent</p> <p>1:30 Ceramics</p> <p>3:00 Board Games</p>	<p>8:30 Activity Cart Rounds <b>7</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 Trivia/Word Games</p> <p>1:30 BINGO</p> <p>3:00 Kings Corner</p>	<p>8:30 Activity Cart Rounds <b>8</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games with Riley Rabbit</p> <p>11:45 Music Appreciation</p> <p>1:30 Arts/Crafts Studio</p> <p>6:00 Movie</p>	<p>8:30 Activity Cart Rounds <b>9</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 YouTube/Animal Companions</p> <p>1:30 Food Bank Projects</p> <p>4:00 BINGO w/Thom</p>	<p>8:30 Activity Cart Rounds <b>10</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:30 Drum Circle</p> <p>1:30 Manicures</p>	<p>Veterans Day <b>11</b></p> <p>8:30 Activity Cart Rounds</p> <p>10:30 Exercise/Active Games</p> <p>1:30 BINGO</p> <p>6:00 Movie</p>
<p>8:30 Activity Cart Rounds <b>12</b></p> <p>10:30 Dixie Dog Visits</p> <p>1:00 Church Service</p> <p>2:00 Pizza</p>	<p>8:30 Activity Cart Rounds <b>13</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 Youtube/Senior Citizens got Talent</p> <p>1:30 Music/ Gary Hood</p> <p>3:00 Board Games</p>	<p>8:30 Activity Cart Rounds <b>14</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 Trivia/Word Games</p> <p>1:30 BINGO</p> <p>2:30 Resident Council</p>	<p>8:30 Activity Cart Rounds <b>15</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games with Riley Rabbit</p> <p>11:45 Music Appreciation</p> <p>1:30 Arts/Crafts Studio</p> <p>6:00 Movie</p>	<p>8:30 Activity Cart Rounds <b>16</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 YouTube/Animal Companions</p> <p>1:30 Birthday Party/ Music w/Kelly</p> <p>4:00 BINGO w/Thom</p>	<p>8:30 Activity Cart Rounds <b>17</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:30 Drum Circle</p> <p>1:30 Manicures</p>	<p>8:30 Activity Cart Rounds <b>18</b></p> <p>10:30 Exercise/Active Games</p> <p>1:30 BINGO</p> <p>6:00 Movie</p>
<p>8:30 Activity Cart Rounds <b>19</b></p> <p>10:30 Dixie Dog Visits</p> <p>1:00 Church Service</p> <p>2:00 Pizza</p>	<p>8:30 Activity Cart Rounds <b>20</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 Senior Citizens got Talent</p> <p>1:30 Ceramics</p> <p>3:00 Board Games</p>	<p>8:30 Activity Cart Rounds <b>21</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 Trivia/Word Games</p> <p>1:30 BINGO</p> <p>3:00 Kings Corner</p>	<p>8:30 Activity Cart Rounds <b>22</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games with Riley Rabbit</p> <p>11:45 Music Appreciation</p> <p>1:30 Arts/Crafts Studio</p> <p>6:00 Movie</p>	<p>8:30 Activity Cart Rounds <b>23</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>12:00 Thanksgiving Meal</p> <p>4:00 BINGO w/Thom</p>	<p>8:30 Activity Cart Rounds <b>24</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:30 Drum Circle</p> <p>1:30 Manicures</p>	<p>8:30 Activity Cart Rounds <b>25</b></p> <p>10:30 Exercise/Active Games</p> <p>1:30 BINGO</p> <p>6:00 Movie</p>
<p>8:30 Activity Cart Round<b>26</b></p> <p>10:30 Dixie Dog Visits</p> <p>1:00 Church Service</p> <p>2:00 Pizza</p>	<p>8:30 Activity Cart Rounds <b>27</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 Senior Citizens got Talent</p> <p>1:30 Food Bank Projects</p> <p>3:00 Board Games</p>	<p>8:30 Activity Cart Rounds <b>28</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 Trivia/Word Games</p> <p>1:30 BINGO</p> <p>3:00 Special Dinner</p>	<p>8:30 Activity Cart Rounds <b>29</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games with Riley Rabbit</p> <p>11:45 Music Appreciation</p> <p>1:30 BINGO Store</p> <p>6:00 Movie</p>	<p>8:30 Activity Cart Rounds <b>30</b></p> <p>9:30 Coffee Hour</p> <p>10:30 Exercise/Active Games</p> <p>11:45 YouTube/Animal Companions</p> <p>1:30 Food Bank Projects</p> <p>4:00 BINGO w/Thom</p>	<p>All group activities take place in the 3<sup>rd</sup> dining room , exception of church and exercise in the chapel. 6:00 Movie by request in 3<sup>rd</sup> Dinning room. Activity cart supplies: books, magazines, music CDs, puzzle books etc. available 24/7.</p> <p>Beautician available 2<sup>nd</sup> and 4<sup>th</sup> Sunday. Please schedule through the activities department. 425-551-6310</p> <p>Activities Team: Julie, Kay, Teresa, Dixie Dog and Riley Rabbit</p>	