

Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/19/2023	11/20/2023	11/21/2023	11/22/2023	11/23/2023	11/24/2023	11/25/2023
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of Wheat Scrambled Eggs Canadian Bacon Raisin Toast Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cinnamon Pancakes Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Yogurt Parfait Croissant Milk/Coffee/Tea	Juice of choice Oatmeal Biscuits & Gravy Hard Boiled Egg Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Hashbrown Breakfast Casserole w/eggs and sausage Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Veggie Scramble with diced ham Danish Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Hard Boiled Egg Sausage Links Wheat Toast Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	HAPPY THANKSGIVING!	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Chicken Cutlet Mashed Potatoes & Gravy Crinkle Cut Carrots Ice Cream Milk/Coffee/Tea	Lemon Pepper Cod Baby Bakers w/ sour Cream Coleslaw Cheesecake Cup Milk/Coffee/Tea	Cheese Stuffed Shells w/marinara Green Salad Garlic Bread Chocolate Pudding Milk/Coffee/Tea	Sweet and Sour Meatballs Steamed Rice Stir Fry Vegetable Éclair Milk/Coffee/Tea	Roast Turkey Breast Homemade Stuffing Green Bean Casserole Cranberry Sauce Pumpkin Pie Milk/Coffee/Tea	Meatloaf Mashed Potatoes & Gravy Peas & Pearl Onions Lemon Meringue Pie Milk/Coffee/Tea	Chicken Strips Curley Fries Buttered Corn Ambrosia Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Roast Beef and Cheddar Sandwich Side Salad	Veg. Tortellini Salad Roll	Ham & cheese Sand. Green Salad Chips	Fish Sandwich Coleslaw	Chicken Salad w/Cran. On Croissant Green Bean Casserole	Turkey & Cheese Sandwich Side Salad	Tuna Noodle Casserole Buttered Corn
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Glazed Ham Oven Potatoes Mixed Vegetable Choc chip cookie Milk/Coffee/Tea	Spaghetti w/ Meat Sauce Green Beans Orange Parfait Milk/Coffee/Tea	Chicken & Vegetable Stir Fry w/Yakisoba Spring Roll Lemon Cake Milk/Coffee/Tea	Chicken, Broccoli Rice Casserole Peas & Pearl Onions Molasses Cookie Milk/Coffee/Tea	Herbed Pork Lion Sweet Potato Cubes Chuckwagon Corn Orange Sherbet Bar Milk/Coffee/Tea	Fish & Chips Coleslaw Strawberry Rhubarb Crisp Milk/Coffee/Tea	Pork Stew Biscuit Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Mac & Cheese Mixed Vegetable	Tuna Sandwich Green Salad	Cottage Cheese & Fruit plate Roll	Bratwurst on bun Side Of Sour Kraut Baked Beans	Cheese Enchilada Spanish Rice Chuckwagon Corn	Pulled Pork on Bun Coleslaw	Zucchini & Swiss Quiche 3 bean salad