

Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1/21/2024	1/22/2024	1/23/2024	1/24/2024	1/25/2024	1/26/2024	1/27/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of Wheat Cheesy Eggs Breakfast Ham Raisin Toast Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Sandwich Sausage/Egg/Cheese on Biscuit/Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Pancakes Bacon Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheese Omelet Toast Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Veggie Scramble Cinnamon Roll Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheesy Eggs Breakfast Ham Toast Milk/Coffee/Tea	Juice of choice Cream of Wheat Danish Hard Boiled Egg Sausage Links/Fruit Milk/Coffee/Tea
Easter Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Glazed Baked Ham w/pineapple Au gratin potatoes Green Beans Cookie	Sweet & Sour Chicken Rice Pilaf Broccoli Butterscotch pudding	Bruschetta Chicken Casserole Chuckwagon Corn Pumpkin Pie	Lemon Pepper Cod Baby Bakers w/sour cream Coleslaw Ambrosia	Fried Chicken Thighs Cheesy Bowtie Pasta Mixed Veg. Apple Pie	Meatloaf Mashed Potatoes & Gravy Peas & Pearl Onions Pistachio Pudding	Chicken Tenders Macaroni Salad Baby Carrots Sugar Cookie
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Mac & Cheese Green Beans	Crab Cake Rice Pilaf Broccoli	BBQ Pulled Pork On Bun/ Corn	French Dip Coleslaw	Bean, Cheese & Rice, Burrito's Mixed Veg.	Cottage Cheese & Fruit Plate Roll	Stuffed Peppers Baby Carrots Breadstick
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BBQ Chicken Thighs Mashed Potatoes & Gravy Mixed Vegetable Ice Cream Cup Milk/Coffee/Tea	Spaghetti w/meat sauce Green Salad Garlic Bread Cookie Milk/Coffee/Tea	Salisbury Steak w/mushroom gravy Mashed Potatoes Crinkle cut carrots Rice Pudding Milk/Coffee/Tea	Terriaki Pork w/stir fry Veg Steamed Rice Rice Krispie Bar Milk/Coffee/Tea	Shepard's Pie Broccoli Fruited Jello Milk/Coffee/Tea	Chicken Noodle Casserole Mixed Veg. Chocolate Cake Milk/Coffee/Tea	Beef Stew Biscuit Strawberry Rhubarb Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cottage Cheese & Fruit Plate Roll	Turkey & Cheese Sandwich Salad & Chips	Chicken Salad w/cranberries on Croissant/Salad	Egg Salad Sandwich Green Salad Chips	Cheese Stuffed Shells Broccoli Garlic Bread	Ham & Cheese Sandwich Green Salad	Bacon Onion Quiche 3 Bean Salad

*****MENU IS SUBJECT TO CHANGE****

Week 5