

# Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1/28/2024	1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024	2/3/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of Wheat Pancakes Cheesy Eggs  Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheese Omelet Bacon Toast Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Yogurt Parfait Croissant  Milk/Coffee/Tea	Juice of choice Oatmeal Biscuits & Gravy Hard Boiled Egg Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat French Toast Bake Sausage Links  Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Veggie Scramble Danish  Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Hard Boiled Egg Sausage Links Wheat Toast Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Mango Chicken Legs Sweet Potato Cubes Green Beans  Ambrosia Milk/Coffee/Tea	Glazed Baked Ham w/Mashed Potatoes & Pork Gravy Baby Carrots Ice Cream Cup Milk/Coffee/Tea	Polish Sausage Oven Potatoes Beets  Churro Milk/Coffee/Tea	Sweet and Sour Meatballs Steamed Rice Stir Fry Vegetable Cookie Milk/Coffee/Tea	Garlic Toast Pizza Green Salad  Angel Food Cake Milk/Coffee/Tea	Spaghetti w/Meat Sauce Green Beans Garlic Bread Strawberry Cream Pie Milk/Coffee/Tea	Fish & Chips Coleslaw  Lemon Pudding Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Grilled Ham & Cheese Sandwich Side Salad	Beef Ravioli Baby Carrots Garlic Bread	Taco Casserole Corn	Roast Beef & Cheese Sandwich Green Salad	Hot Dog on Bun Side Of Kraut Baked Beans	Turkey & Cheese Sandwich Green Salad	Tuna Noodle Casserole Buttered Corn
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lemon Salmon Patty Rice Pilaf Steamed Broccoli  Frosted Cake Milk/Coffee/Tea	Chicken Stir Fry w/Yakisoba Noodle Spring Roll Fortune Cookie Fruited Jello Milk/Coffee/Tea	Meatloaf Mashed Potatoes & Gravy Peas & Pearl Onions Chocolate Pudding Milk/Coffee/Tea	Homemade Chili Cornbread  Apple Pie Milk/Coffee/Tea	Country Fried Steak Mashed Potatoes w/country gravy Chuckwagon Corn Orange Sherbet Milk/Coffee/Tea	Chicken Strips Potato Salad Mixed Vegetable  Brownie Milk/Coffee/Tea	Pork Stew Biscuit  Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Vegetable Lasagna Broccoli Bread Stick	Egg Salad Sandwich Green Salad Chips	Chicken Salad w/Cranberries On Croissant/Salad	Vegetable Cheese Tortellini Salad Roll	Bean & Cheese Burrito Chuckwagon Corn	Pulled Pork on bun Mixed Vegetable	Zucchini & Swiss Quiche 3 bean salad

Fall/ Winter 2023

Shanna Brandt DM

**\*\*Menus Subject to Change\*\***

Week 1