



Bethany at Silver Lake



Sunday 2/11/2024	Monday 2/12/2024	Tuesday 2/13/2024	Wednesday 2/14/2024	Thursday 2/15/2024	Friday 2/16/2024	Saturday 2/17/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Oatmeal Cheesy Skillet Eggs Breakfast Potato Fresh Fruit Milk/Coffee/Tea alt Cold Cereal	Juice of choice Cream Of wheat Sausage Filled Breakfast Burrito Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Cheese Omelet Ham slice Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Veggie Scrambled Sausage Link Raisin Toast Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Biscuits & Sausage Gravy Hard Boiled Egg Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat French Toast Canadian Bacon Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Pancakes w/ syrup Sausage Links Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Yakisorba Spring Roll Stir Fry vegetable Fortune Cookie Milk/Coffee/Tea	Beef Stew Biscuit Chocolate Chip Cookie Milk/Coffee/Tea	Spaghetti Garlic buttered noodles Italian Vegetables Garlic bread Ambrosia Milk/Coffee/Tea	Meat Loaf Cheese mashed potato Capri Blend Orange Sherbet Milk/Coffee/Tea	Apple Pork Chop Roasted red Potato Broccoli Frosted Cake Milk/Coffee/Tea	Fish and chips Cole Slaw tartar Lemon Meringue Milk/Coffee/Tea	Pork Ribbles Rice pilaf Green Beans Strawberry Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Baked Cod Stir fry Vegetable Rice	Bakes Ham Baked Beans Buttered Corn	Roast Beef sandwich Chips	Parm Chicken Pasta Capri Blend	Chicken Breast Red potatoes Beets	Meatball sub French Fries	Baked Chicken Thigh Rice pilaf green beans
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders Dipping Sauce French Fries Cookie Milk/Coffee/Tea	Tuna salad Crossant Lettuce/Tomato/Onion Tomato Soup Fruited Jello Milk/Coffee/Tea	Pulled pork BBq sauce Potato Salad Baked Beans Frosted Cake Milk/Coffee/Tea	Tomato Soup Grilled Cheese Jojos Fresh Fruit Milk/Coffee/Tea	Swedish Meatballs Buttered noodles Cauliflower Ice Cream cup Milk/Coffee/Tea	Teriyaki Chicken Burger relish plate Jojos Fruit Tarts Milk/Coffee/Tea	Sloppy Joe Potato Salad Frosted cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Teriyaki Meatballs Parsley Rice Vegetable blend	Bacon Cheese Quiche Roasted cauliflower Fruited Jello	Egg Salad sandwich Chips Frosted cake	Baked Chicken Legs Jojos Green Beans	Seafood Salad Crackers Ice cream cup	Old School Hot Dog Mac Salad Fruit Tarts	Pepperoni Pizza Potato Salad Frosted cake

*****MENU IS SUBJECT TO CHANGE****