

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A Beautician is available every other Sunday. Contact activities to schedule appointment. 425-551-6310	8:30 Activity Cart Rounds 1 9:30 Coffee Hour 1:30 Ceramics 6:30 Movie	8:30 Activity Cart Rounds 2 9:30 Coffee Hour 10:30 Exercise & Games 1:30 BINGO w/Joel 2:45 BINGO w/Joel	8:30 Activity Cart Rounds 3 9:30 Coffee Hour 10:30 Exercise & Games 11:45 YouTube / Comedy 1:30 Make Treats for Forest Park Kids visit. 3:00 Games with Gail	8:30 Activity Cart Rounds 4 9:30 Coffee Hour 10:30 Exercise & Games & Riley Rabbit Visit 1:30 Music w/ Doug 4:00 BINGO w/Thom	8:30 Activity Cart Rounds 5 9:30 Coffee Hour 10:30 Exercise & Games 11:45 Music with DJ Rick 1:30 Manicures	8:30 Activity Cart Rounds 6 10:30 Exercise & Games 1:30 BINGO 6:30 Movie
8:30 Activity Cart Rounds 7 10:30 Dixie Dog visit rounds 1:00 Church Service 2:00 Pie Social	8:30 Activity Cart Rounds 8 9:30 Coffee Hour 10:30 Exercise & Games 1:30 Music w/ Gary 2:30 Resident Council 6:30 Movie	8:30 Activity Cart Rounds 9 9:30 Coffee Hour 10:30 Exercise & Games 1:30 Fun and Games with Forest Park Kids!!!!!!!!!!!!!!	8:30 Activity Cart Rounds 10 10:30 Exercise & Games 9:30 Coffee Hour 11:45 YouTube/Comedy 1:30 Arts & Crafts 3:00 Games w/Gail	8:30 Activity Cart Rounds 11 9:30 Coffee Hour 10:30 Exercise & Games & Riley Rabbit Visit 1:30 Food Bank Projects 4:00 BINGO w/Thom	8:30 Activity Cart Rounds 12 9:30 Coffee Hour 10:30 Exercise & Games 11:45 Music with DJ Rick 1:30 Manicures	8:30 Activity Cart Rounds 13 10:30 Exercise & Games 1:30 BINGO 6:30 Movie
8:30 Activity Cart Rounds 14 10:30 Dixie Dog visit rounds 1:00 Church Service 2:00 Pie Social	8:30 Activity Cart Rounds 15 9:30 Coffee Hour 10:30 Exercise & Games w/ Claire 1:30 Drum Circle 6:30 Movie	8:30 Activity Cart Rounds 16 9:30 Coffee Hour 10:30 Exercise & Games 1:30 BINGO w/ Joel 2:45 BINGO w/ Joel	8:30 Activity Cart Rounds 17 9:30 Coffee Hour 10:30 Exercise & Games 11:45 YouTube/Comedy 1:30 Garden Spruce Up 3:00 Games w/Gail	8:30 Activity Cart Rounds 18 9:30 Coffee Hour 10:30 Exercise & Games & Riley Rabbit Visit 1:30 Music w/ Kelly & Birthday Party 4:00 BINGO w/Thom	8:30 Activity Cart Rounds 19 9:30 Coffee Hour 10:30 Exercise & Games 11:45 Music with DJ Rick 1:30 Manicures	8:30 Activity Cart Rounds 20 10:30 Exercise & Games 1:30 BINGO 6:30 Movie
8:30 Activity Cart Rounds 21 10:30 Dixie Dog visit rounds 1:00 Church Service 2:00 Pie Social	8:30 Activity Cart Rounds 22 9:30 Coffee Hour 10:30 Exercise & Games w/ Claire 1:30 Ceramics 6:30 Movie	8:30 Activity Cart Rounds 23 9:30 Coffee Hour 10:30 Exercise & Games 1:30 BINGO w/ Joel 2:45 BINGO w/ Joel	8:30 Activity Cart Rounds 24 9:30 Coffee Hour 10:30 Exercise & Games 11:45 YouTube/Comedy 1:30 BINGO store 4:00 Special Dinner	8:30 Activity Cart Rounds 25 9:30 Coffee Hour 10:30 Exercise & Games & Riley Rabbit Visit 1:30 Cooking w/ Claire 4:00 BINGO w/Thom	8:30 Activity Cart Rounds 26 9:30 Coffee Hour 10:30 Exercise & Games 11:45 Music with DJ Rick 1:30 Manicures	8:30 Activity Cart Rounds 27 10:30 Exercise & Games 1:30 BINGO 6:30 Movie
8:30 Activity Cart Rounds 28 10:30 Dixie Dog visit rounds 1:00 Church Service 2:00 Pie Social	8:30 Activity Cart Rounds 29 9:30 Coffee Hour 10:30 Exercise & Games w/ Claire 1:30 Drum Circle 6:30 Movie	8:30 Activity Cart Rounds 30 9:30 Coffee Hour 10:30 Exercise & Games 1:30 BINGO w/ Joel 2:45 BINGO w/ Joel	<div> <div>April 2024</div> <div>Activities</div> </div>			

All organized group activities take place in the 3rd floor dining room, except for Church and exercise which take place in the chapel, and manicures are in the activity room. Activity carts are stocked with a variety of materials and supplies available 24/7 in front of the activities room on the 3rd floor and the 6th floor in front of nurse’s station. Big screen TVs are located in 3rd dining room, 3 north and 3 south day room, 6th floor activity room

