

Bethany at Silver Lake



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5/5/2024	5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024	5/11/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice
Cream of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat
Classic Pancakes	Cheesey Scramble	Cheese omelet	Breakfast Biscuit	Scrambled	French Toast	Scrambled Eggs
Bacon	Sausage Links	Breakfast Potato	Eggs / Cheese	Sausage Link	Canadian Bacon	Bacon
	Toast	Toast	Sausage Patty	Scone		Toast
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Taco Salad	Yankee Roast Beef	Hammy Mac	Baked Ham	Stuffed Pepper	Baked Salmon	Drange Tempura Chicker
Tortilla Chip	Red Potatos	and Cheese	Apple Sauce	Butter Corn	Wild Rice Blend	Asian Sesame Noodle
Olive/Tomato	Carots	Winter Vegetable	Sweet Potato	Pumpkin Pie	Aspargus	Stir Fry Veg
Guacamole			Green Beans			
Rasberry Churros	Fruit Salad	Cookie	Yellow Cake		Sherbet	Asst Desserts
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Open Face Turkey Sand	Ham and cheese	Asian Chicken Salad	Tuna Sandwich	Chicken Sandwich	Roast Beef Sandwich	Fishwich w/Cheese
Garlic Mashed	Chips	Garlic Toast	on Croissant	Pasta Salad	BBQ Chips	Coleslaw
Mix Vegetable	Fruit Salad	Cookie	Yellow Cake	Pumkin Pie	Sherbet	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Pork Mcribblet	Lemon Pepper Cod	Chese Enchildas	Egg Salad Sandwich	Corn Dogs	Pepperoni Pizza	Spaghetti
Potato Salad	Rice Pilaf	Spanish Rice	Cr.of Mushroom Soup	Jojos	Salad	Carlic Toast
Coleslaw	Broccoli	Vegetable Blend	Crackers	Brownie		Vegetable
			Tomato Onion Salad			
Ice Cream	Vanilla Pudding	Watermelon	Cookie		Ice Cream	Apple crisp
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Fish Sandwich	Chef Salad	Cottage & Fruit	Salisbury Steak	Roasted Porkloin	Baked Chicken Leg	Roast beef &
Tartar sauce	Dinner Roll	Plate	Mash Potato	Mixed vegetables	Zucchini	Cheese
Ice Cream	Vanila Pudding	Watermelon	Vegetable Blend	Garlic Mashed Potato	Mashed Potato	Sandwich

Spring /Summer 2024 Chef Greg Mccammond CFPM Week 5

***MENU IS SUBJECT TO CHANGE**