

Bethany at Silver Lake



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------|-------------------|---------------------|---------------------|----------------------|---------------------|------------------------|
| 5/5/2024 | 5/6/2024 | 5/7/2024 | 5/8/2024 | 5/9/2024 | 5/10/2024 | 5/11/2024 |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Juice of choice | Juice of choice | Juice of choice | Juice of choice | Juice of choice | Juice of choice | Juice of choice |
| Cream of wheat | Oatmeal | Cream of wheat | Oatmeal | Cream of wheat | Oatmeal | Cream of wheat |
| Classic Pancakes | Cheesey Scramble | Cheese omelet | Breakfast Biscuit | Scrambled | French Toast | Scrambled Eggs |
| Bacon | Sausage Links | Breakfast Potato | Eggs / Cheese | Sausage Link | Canadian Bacon | Bacon |
| | Toast | Toast | Sausage Patty | Scone | | Toast |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea |
| Alt Cold Cereal | Alt Cold Cereal | Alt Cold Cereal | Alt Cold Cereal | Alt Cold Cereal | Alt Cold Cereal | Alt Cold Cereal |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Taco Salad | Yankee Roast Beef | Hammy Mac | Baked Ham | Stuffed Pepper | Baked Salmon | Drange Tempura Chicker |
| Tortilla Chip | Red Potatos | and Cheese | Apple Sauce | Butter Corn | Wild Rice Blend | Asian Sesame Noodle |
| Olive/Tomato | Carots | Winter Vegetable | Sweet Potato | Pumpkin Pie | Aspargus | Stir Fry Veg |
| Guacamole | | | Green Beans | | | |
| Rasberry Churros | Fruit Salad | Cookie | Yellow Cake | | Sherbet | Asst Desserts |
| Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea |
| Alternate | Alternate | Alternate | Alternate | Alternate | Alternate | Alternate |
| Open Face Turkey Sand | Ham and cheese | Asian Chicken Salad | Tuna Sandwich | Chicken Sandwich | Roast Beef Sandwich | Fishwich w/Cheese |
| Garlic Mashed | Chips | Garlic Toast | on Croissant | Pasta Salad | BBQ Chips | Coleslaw |
| Mix Vegetable | Fruit Salad | Cookie | Yellow Cake | Pumkin Pie | Sherbet | |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Pork Mcribblet | Lemon Pepper Cod | Chese Enchildas | Egg Salad Sandwich | Corn Dogs | Pepperoni Pizza | Spaghetti |
| Potato Salad | Rice Pilaf | Spanish Rice | Cr.of Mushroom Soup | Jojos | Salad | Carlic Toast |
| Coleslaw | Broccoli | Vegetable Blend | Crackers | Brownie | | Vegetable |
| | | | Tomato Onion Salad | | | |
| Ice Cream | Vanilla Pudding | Watermelon | Cookie | | Ice Cream | Apple crisp |
| Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea |
| Alternate | Alternate | Alternate | Alternate | Alternate | Alternate | Alternate |
| Fish Sandwich | Chef Salad | Cottage & Fruit | Salisbury Steak | Roasted Porkloin | Baked Chicken Leg | Roast beef & |
| Tartar sauce | Dinner Roll | Plate | Mash Potato | Mixed vegetables | Zucchini | Cheese |
| Ice Cream | Vanila Pudding | Watermelon | Vegetable Blend | Garlic Mashed Potato | Mashed Potato | Sandwich |

Spring /Summer 2024 Chef Greg Mccammond CFPM Week 5

***MENU IS SUBJECT TO CHANGE**