



# Bethany at Silver Crest



<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>4/21/2024</b>	<b>4/22/2024</b>	<b>4/23/2024</b>	<b>4/24/2024</b>	<b>4/25/2024</b>	<b>4/26/2024</b>	<b>4/27/2024</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Cream of wheat Blueberry Bagel w/cream cheese Cheesy Eggs Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Sandwich Sausage, Egg & Cheese on biscuit Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Ham & Potato Scramble Blueberry Muffin Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Pancakes Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Eggs Benedict Potato Cubes Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cinnamon French Toast Scrambled Eggs Canadian Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Veggie Scramble Danish Fresh Fruit Milk/Coffee/Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Honey Ham Augratin Potatoes Green Beans  Jello Milk/Coffee/Tea	Fajita Chicken Casserole Buttered Corn  Watermelon Milk/Coffee/Tea	Polish Sausage Oven Potatoes Cauliflower  Angel Food Cake Milk/Coffee/Tea	Orange Chicken Steamed Rice Broccoli  Apple Crisp Milk/Coffee/Tea	BBQ Chicken Pasta Salad Peas & Onions  Brownie Cottage Cheese	Chicken Stir Fry w/yakisoba noodles Egg Roll  Ambrosia Milk/Coffee/Tea	Fish & Chips Coleslaw  Lemon pudding Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Creamy Mac & Cheese Green Beans	Beef & Broccoli Steamed Rice	Chicken Salad on Croissant Carrot Raisin Salad	Vegetable Lasagna Broccoli Bread Stick	Cottage Cheese & Fruit Plate Roll	French Dip Green Beans	Bean & Cheese Burrito Spanish Rice, Corn
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
BBQ Pulled Chicken On Bun Coleslaw Baked Beans Sugar Cookie Milk/Coffee/Tea	Chicken Tendars Potato Salad Baby Carrots  Cookie Milk/Coffee/Tea	Spaghetti w/meat sauce Mixed Vegetable Garlic Bread Tapioca Pudding Milk/Coffee/Tea	Pepperoni Pizza Green Salad  Frosted Cake Milk/Coffee/Tea	Herbed Pork Loin Mashed Potatoes w/pork gravy Blend Veg. Chocolate Pudding	Beef Goulosh Crinkle Cut Carrots Garlic Bread  Cookie Milk/Coffee/Tea	Beefy Country Gravy Dish w/ egg noodles Blend Veg.  Ice Cream Bar Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Cottage Cheese & Fruit Plate Roll	Turkey & Cheese Sandwich Pickled Beet Salad	Mushroom, Swiss Quiche 3 bean salad	Tuna Sandwich on Wheat Green Salad	Beef Ravioli w/Marinara Blend Veg.	Veg. Tortellini Salad Roll	Ham & Cheese Sandwich Green Salad/Chips