



Bethany at Silver Lake



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/7/2024	7/8/2024	7/9/2024	7/10/2024	7/11/2024	7/12/2024	7/13/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Belgium waffle Sausage patty Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Cheesy Scramble toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Biscuits w/ Sausage Gravy Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Cheese Omelet Bacon Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Blueberry Pancake Cheesy Eggs Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Veggie Scramble Bacon Raisin Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Hard Boiled Egg Sausage Links Toast Fresh Fruit Milk/Coffee/Tea alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Cordon Bleu Mashed potato Green Beans Pie Milk/Coffee/Tea	Seafood Pasta Fettuccini Garlic Bread Lemon Cake Milk/Coffee/Tea	Baked Ziti Garlic Toast Green Salad Ice Cream Cup Milk/Coffee/Tea	Slow Roasted Turkey Dressing Mixed vegetable Pistachio Pudding Milk/Coffee/Tea	Stuffed Bell pepper Spanish Rice Baby Carrots Homemade Custard Pie Milk/Coffee/Tea	Roast Pork Loin Garlic Mashed Blend Veg. Fruit Tart Milk/Coffee/Tea	Classic Fish & Chips Coleslaw Sherbet Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Roast Beef and Cheese Potato salad	Polish Sausage Sauerkraut Chips	Chicken Verde Cass. Chuckwagon Corn	Chili Dog on bun Chips	Bean & Cheese Burrito Spanish Rice Corn	Turkey & Cheese Sand. W/ Lettuce & Tomato	Cheese Enchiladas Cole slaw
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Ham Au Gratin Potatoes Green Beans Cake Milk/Coffee/Tea	Creamy garlic Chicken Mashed Potato seasonal Veg Fruit Milk/Coffee/Tea	Salisbury Steak Meal Garlic Mashed Seasonal Vegetables Chocolate Cream Pie Milk/Coffee/Tea	Baked cod Fried rice Blend Veg. Lemon Cake Milk/Coffee/Tea	Pasta Prima Vera Buttered Noodles Garlic Bread Ice Cream Milk/Coffee/Tea	Orange Chicken Rice Stir fried Vegetable Brownie Milk/Coffee/Tea	Meatball stroganoff Pasta Blend Veg. strawberry Rhubarb Crisp Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Spinach Salad w/Chicken & Raspberry Vinaigrette	Grilled Cheese Tomato soup	Chicken Salad on Croissant Coleslaw	Chicken Ceasar Bread Stick	Chef Salad Ranch Dressing roll	Pizza Salad Ranch	Tuna Salad Sandwich w/lettuce & tomato Chips

Spring /Summer 2024
Chef Greg Mccammond CFPM

Week 4

*****MENU IS SUBJECT TO CHANGE****