



# Bethany at Silver Lake



<b>Sunday</b> 7/28/2024	<b>Monday</b> 7/29/2024	<b>Tuesday</b> 7/30/2024	<b>Wednesday</b> 7/31/2024	<b>Thursday</b> 8/1/2024	<b>Friday</b> 8/2/2024	<b>Saturday</b> 8/3/2024
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Oatmeal Cheesy Skillet Eggs Breakfast Potato Fresh Fruit Milk/Coffee/Tea alt Cold Cereal	Juice of choice Cream Of wheat Corned Beef Hash Egg Patty Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Pancake Sausage Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Veggie Scrambled Bacon Raisin Toast Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Biscuits & Sausage Gravy Hard Boiled Egg Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat French Toast Canadian Bacon Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Breakfast Sandwich Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Chicken Spaghetti Creamy Garlic Pasta Seasonal Vegetable  Mocha Cake Milk/Coffee/Tea	Shepards Pie Mashed Potato  Lemon cake Milk/Coffee/Tea	Lemon Pepper Chicken Rice Pilaf Steamed Broccoli  Ice Cream Milk/Coffee/Tea	Meat Loaf Cheese mashed potato Capri Blend  Fruited jello Milk/Coffee/Tea	Cheese Burger Relish Plate Seasoned Frys  Rice Crispy Treats Milk/Coffee/Tea	Fish and chips Cole Slaw tartar  Lemon Meringue Milk/Coffee/Tea	Pork Ribbles Rice pilaf Green Beans  Strawberry Pie Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Baked Salmon Creamy Garlic pasta Seasonal Vegetable	Fish Tacos Cole Slaw Spanish Rice	Roast Beef / Cheese Sandwich Chips	Parm Chicken Cheesy Mashed Capri Blend	Chicken Burger Relish plate Seasoned frys	Chicken Salad Croissant Pasta Salad	Baked Chicken Thigh Rice pilaf green beans
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Chicken Tenders Dipping Sauce French Fries  Cookie Milk/Coffee/Tea	Breaded Pork Chop Stuffing Beets  Whipped Jello Milk/Coffee/Tea	Sloppy Joe Bun Potato Salad Baked Beans Frosted Cake Milk/Coffee/Tea	Baked Chicken Leggs Mashed Potato Green Bean  Fresh Fruit Milk/Coffee/Tea	Swedish Meatballs Buttered noodles Cauliflower  Brownie Milk/Coffee/Tea	Spaghetti Meat Sauce Garlic bread Roasted Zucchini  Fruit Tarts Milk/Coffee/Tea	Sloppy Joe Potato Salad  Frosted cake Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Teriyaki Meatballs Parsley Rice Vegetable blend	Bacon Cheese Quiche Fresh Fruit Whipped Jello	Egg Salad sandwich Chips Frosted cake	Grilled Cheese Tomato soup Chips	Seafood Salad Roll Brownie	Old School Hot Dog Mac Salad Fruit Tarts	Pepperoni Pizza Potato Salad Frosted cake